

**FIND YOUR  
SENSE OF WONDER.  
FIND YOUR Y.**



**For a better us.®**

**» FIND YOUR Y AT  
SUMMER CAMP!  
ENROLL TODAY AT:**

**YMCA CAMP LYNDON**

**YMCA CAMP HARWICH**

**YMCA CAMP FALMOUTH**

**YMCA CAMP WHOI / MBL**

**YMCA CAMP BARNSTABLE**



## DEAR YMCA CAMP FAMILY,

Whether this is your first summer here, or you have been with us for years, we want to welcome you to the YMCA Cape Cod summer Camp Program!

The YMCA Camp Staff are hard at work putting together a fun, safe program filled with new experiences. We want to create the #BestSummerEver for every child!

As we continue to navigate the challenges of COVID-19, we want to ensure you that we are doing our best following CDC, Massachusetts Department of Public Health, and Department of Early Education and Care guidelines and regulations surrounding the health and safety of all participants at our camps. More detailed information about our policies and protocols can be found in the parent handbook.

Welcome to the YMCA Cape Cod Camp Family!

Sincerely,  
YMCA Camp Staff



PHOTO TAKEN AT CAMP LYNDON

# CAMP UNITS

There's space for everyone at camp! Age specific groups allow for age appropriate programming and make it extra easy to make friends!

## WAY IN THE WOODS

**AGES 5-6\***

\*All campers must have completed kindergarten

Daily experiences and activities help campers add caring, honesty, respect, and responsibility in everything they do.

**Members: \$350/Week | Non Members: \$405/Week**

## UNIT 1 - EXPLORERS AGES 7-8

Explore the YMCA's Core Values of Honesty, Caring, Respect, and Responsibility. Each week campers will set and achieve new goals, develop confidence, and make friends along the way!

**Members: \$300/Week | Non Members: \$375/Week**

## UNIT 2 - PIONEERS AGES 9-10

Campers will step outside the box and expand their comfort zones through activities that foster creativity, imagination, build community and create positive, life-long memories.

**Members: \$300/Week | Non Members: \$375/Week**

## UNIT 3 - VOYAGERS AGES 11-12

Campers develop a sense of community through team building, personal and team challenges, and can select special interest activities, enhancing their day at camp!

**Members: \$300/Week | Non Members: \$375/Week**

## CHALLENGE CAMP AGES 13-14

(CAMP LYNDON ONLY)

Campers will have the opportunity to "disconnect" and appreciate the outdoors while learning what it takes to become role models at camp, school, and their communities.

**Members: \$300/Week | Non Members: \$375/Week**

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This camp must comply with regulations of the Massachusetts Department of Public Health and be licensed by the local board of health.

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[FINANCIALASSISTANCE@YMCACAPECOD.ORG](mailto:FINANCIALASSISTANCE@YMCACAPECOD.ORG)



# CAMP ACTIVITIES

YMCA Camps offer a taste of everything! Our camps offer a new experience each week, with focuses on STEM, cultural appreciation, and the arts.

Today, day camp is more vital than ever. To deliver on the Y's commitment to nurture the potential of every child and teen, day camp programs now more intentionally foster achievement, relationships, and belonging. Achievement, relationships, and belonging are essential dimensions of well-being that the Y cultivates through day camp.

**ACHIEVEMENT** | Discovering skills. Campers experience achievement when they try different activities, learn what they like, and discover what they are good at.

**RELATIONSHIPS** | Building friendships. Campers have the opportunity to form healthy relationships with other children, caring adults, and role models, which helps them feel good about themselves and learn to get along with others.

**BELONGING** | Finding a place to belong. Campers connect through significant camp traditions and rituals that create a sense of belonging, so they feel included, accepted, and part of a community.

## CAMP HOURS

EXTENDED AM CARE 7:30 – 9:00 AM

CAMP DAY 9:00 AM – 4:00 PM

EXTENDED PM CARE 4:00 – 5:30 PM

AM CARE: \$31 / WEEK | PM CARE \$31 / WEEK  
AM & PM CARE : \$52 / WEEK

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# 2022 WEEKLY CAMP THEMES

Join in on all the fun of camp with these great themes for 2022!

		Camp Lyndon	Camp Barnstable	Camp Falmouth	Camp Harwich
	6/27 - 7/1	✓	✓	✓	✓
	7/5 - 7/8	✓	✓	✓	✓
	7/11 - 7/15	✓	✓	✓	✓
	7/18 - 7/22	✓	✓	✓	✓
	7/25 - 7/29	✓	✓	✓	✓
	8/1 - 8/5	✓	✓	✓	✓
	8/8 - 8/12	✓	✓	✓	✓
	8/15 - 8/19	✓	✓	Summer doesn't have to end!  There's still time to try another one of our camps!	
	8/22 - 8/26	✓	✓		
	8/29 - 9/2	✓			

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## TOM BROGNANO

Senior Program Director- School Age Child Care & Camp

Tom brings over a decade of summer camp experience to the Y where he has been with us for the past 8 years!

Contact Tom with any questions about Camp Lyndon, Camp Harwich, or Camp Barnstable.

[tbrognao@ymcacapecod.org](mailto:tbrognao@ymcacapecod.org)

508-362-6500 Ext. 1305

## STEPHANEE DICKINSON

Program Coordinator- School Age Child Care

Stephanee joined the Y team 3 years ago after working with various youth and family programs for a decade.

Contact Stephanie with any questions about Camp Falmouth or Camp WHOI / MBL.

[sdickinson@ymcacapecod.org](mailto:sdickinson@ymcacapecod.org)

508-362-6500 Ext. 3005



# MEET THE DIRECTORS!

FINANCIAL ASSISTANCE AVAILABLE  
[FINANCIALASSISTANCE@YMCACAPECOD.ORG](mailto:FINANCIALASSISTANCE@YMCACAPECOD.ORG)



# YMCA CAMP LYNDON

117 Stowe Rd. Sandwich MA 02563

There's nothing like a summer at Camp Lyndon! From swimming in the pond, to climbing the ropes course, there's something for everyone! Every day is broken into activity blocks where campers experience new ways to expand their comfort zones. Activities include: the Challenge Course (high and low ropes), archery, sports, swimming, boating, & creative arts. See you there!

Available Weeks  
1-10!



SERVING: Barnstable, Bourne, Centerville, Cotuit, Dennis, Falmouth, Hyannis, Marstons Mills, Mashpee, Osterville, Sandwich, Yarmouth. See our bus routes on-line!

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## READY TO TRY SOMETHING NEW?



### HORSEBACK RIDING\* AGES 5-14

With horses and trainers for all skill levels, this is a perfect opportunity for first timers or equestrians to advance their skills. We teach both hunt and stock seat.

\*Horseback Riding program will be 1 hour each day.

Ages 5-6	Weeks 1-10	+\$135
Ages 7-8	Weeks 1-10	+\$100
Ages 9-10	Weeks 2,4,6,8,10	+\$100
Ages 11-14	Weeks 1,3,5,7,9	+\$100

### KAYAKING & PADDLE-BOARDING AGES 7-14

Learn the basics of kayaking, or improve upon your skills out on beautiful Lawrence Pond. Instruction provided by RideAway Adventures. All equipment included. No experience necessary.



### SAILING AGES 7-14

Come sail away! This program is designed to teach the basics of sailing. No experience necessary! Students will learn on Sunfish and Phantom boats.

Ages 7-8	Weeks 2, 6	+\$75
Ages 9-10	Weeks 3, 7	+\$75
Ages 11-12	Weeks 4, 8	+\$75
Ages 13-14	Weeks 4, 8	+\$75

### COOKING AGES 7-14

Ages 7-8	Weeks 2, 6	+\$75
Ages 9-10	Weeks 3, 7	+\$75
Ages 11-12	Weeks 4, 8	+\$75
Ages 13-14	Weeks 4, 8	+\$75

Learn the basics of cooking and improve upon your skills in the kitchen. All equipment included. No experience necessary



### READY TO ADD A NEW ADVENTURE TO YOUR CAMP EXPERIENCE?

Specialty blocks give campers fun and interactive experiences in a chosen area. These programs are designed for campers who are looking for a more in depth focus on a certain area, whether they are looking to try an activity for the first time or build upon a current passion. Specialty Blocks are led by specialized staff and area experts.

Campers participate in traditional camp activities and programs each day, and spend one activity block in their specialty block activities.

## TRY A CAMP LYNDON SPECIALTY BLOCK!

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[FINANCIALASSISTANCE@YMCACAPECOD.ORG](mailto:FINANCIALASSISTANCE@YMCACAPECOD.ORG)



# YMCA CAMP HARWICH

263 South St. Harwich, MA 02645



PHOTO TAKEN AT  
CAMP HARWICH



## AVAILABLE WEEKS 1-7

The fun starts at Camp Harwich this summer! This recreation-style camp includes field trips, sports, and creative arts. Each week will have different activities based on that week's camp theme.



## FIELD TRIPS!

Past Camp Harwich field trips have included trips to beautiful Cape Cod beaches, the Buttonwood Park Zoo, the Cape Cod Inflatables Park, & the Whydah Pirate Museum!



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PHOTO TAKEN AT CAMP BARNSTABLE



## AVAILABLE WEEKS 1-9

Dive In at Camp Barnstable this summer! This recreation-style camp includes sports, creative arts, and swimming in the Y's swimming pool! Weekly activities are based on that week's camp theme.

# YMCA CAMP BARNSTABLE

2245 Iyannough Rd. W. Barnstable MA 02668

FINANCIAL ASSISTANCE AVAILABLE  
[FINANCIALASSISTANCE@YMCACAPECOD.ORG](mailto:FINANCIALASSISTANCE@YMCACAPECOD.ORG)



# YMCA CAMP FALMOUTH

113 Lakeview Ave. Falmouth MA 02540

## AVAILABLE WEEKS 1-7

This recreation-style camp includes field trips, on-site guests, sports, and creative arts. Each week will have different activities based on that week's camp theme.



## FIELD TRIPS!

Camp Falmouth includes off-site field trips! Past Field Trips have included trips to beautiful Cape Cod beaches, the Buttonwood Park Zoo, the Cape Cod Inflatables Park, & the Whydah Pirate Museum!



## SAFE, WELCOMING, INCLUSIVE

A welcoming camp environment for youth ages 11-16 self-identifying as LGBTQ+, Camp Firefly operates within Camp Lyndon. It offers a mix of traditional summer camp activities with programs and activities geared towards LGBTQ+ youth, such as opportunities to meet, learn from, and connect with local LGBTQ+ adults.



Available  
Weeks 5, 6, 7



CAMP FALMOUTH  
AT CAPE COD MUSEUM OF NATURAL HISTORY

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CAMP FIREFLY  
WITH SENATOR JULIAN CYR



YMCA CAMP  
FIREFLY

117 Stowe Rd. Sandwich MA 02563

FINANCIAL ASSISTANCE AVAILABLE  
[FINANCIALASSISTANCE@YMCACAPECOD.ORG](mailto:FINANCIALASSISTANCE@YMCACAPECOD.ORG)



# YMCA CAMP WHOI-MBL

CAMP WHOI / MBL  
AT REPTILE RAIN FOREST SHOW



AVAILABLE WEEKS 1-10  
AGES 4-12

## WELCOME WHOI & MBL FAMILIES

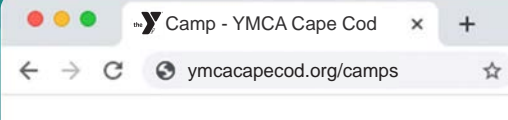
Located on the WHOI/MBL Campus, this recreation-style camp serves WHOI / MBL families with field trips, beach trips, sports, and creative arts.

SIGN UP TODAY AT  
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Ready to jump in?  
Here's how to sign up!

Registration has moved on line!

- Start your registration at



- Create a family profile
- Pick your camp programs
- E-Sign or upload waivers
- Select payment method

IT'S THAT EASY!

PHOTO TAKEN AT CAMP LYNDON



# READY TO REGISTER?!?

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[FINANCIALASSISTANCE@YMCAPECOD.ORG](mailto:FINANCIALASSISTANCE@YMCAPECOD.ORG)



# FIND YOUR SENSE OF WONDER. FIND YOUR Y.

## DAY CAMP REGISTRATION NOW OPEN!

At Y day camp, kids get to discover all the wonders of the outdoors while making friends and forming memories that will last a lifetime.

### » FIND YOUR Y AT

YMCA Camp Lyndon

YMCA Camp Falmouth

YMCA Camp Barnstable

YMCA Camp Harwich

**ENROLL TODAY**

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COVER PHOTO

LAWRENCE POND, YMCA CAMP LYNDON

### YMCA Cape Cod

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