Chapter 3

The Stress Tensor for a Fluid and the Navier Stokes Equations

3.1 Putting the stress tensor in diagonal form

A key step in formulating the equations of motion for a fluid requires specifying the stress tensor in terms of the properties of the flow, in particular the velocity field, so that the theory becomes “closed”, that is, that the number of variables is reduced to the number of governing equations. We are going to take up this issue with some care because the same issue arises often, even now, when it is necessary to represent the action of small scale motions and their momentum fluxes in terms of large scale motions. In the formulation we have to be clear about what symmetries of the system need to be respected (for example, the symmetry of the stress tensor itself). So the approach we take here has application beyond the formulation of the basic equations.

In the example of the last chapter we saw that a stress tensor that had only a diagonal component in one coordinate frame would have, in general, off diagonal components in another frame. More generally, since the stress tensor is symmetric, we can always find a coordinate frame in which the stresses are purely normal, i.e. in which the entries in the stress tensor lie along the diagonal.

Consider the stress tensor $\sigma_{ij}$ which is generally not diagonal and let us find the transformation matrix $a_{ij}$ which renders it diagonal in a new frame.

$$\sigma'_{ij} = a_{ik}a_{kl}\sigma_{kl} = \sigma_{(j)}\delta_{ij} = \begin{bmatrix} \sigma_1 & 0 & 0 \\ 0 & \sigma_2 & 0 \\ 0 & 0 & \sigma_3 \end{bmatrix}$$ (3.1.1)

The (j) in the parenthesis indicates that the index is not summed over. To find the transformation matrix that satisfies (3.1.1) we multiply both sides of the equation by $a_{im}$ and carry out the indicated summation.
\[
\sigma_{mk} a_{il} \delta_{ij} a_{jm} = \sigma_{(j)} \delta_{ij} a_{jm},
\]
(3.1.2 a, b)

\[
\Rightarrow \sigma_{ml} a_{ji} = \sigma_{(j)} a_{jm},
\]

For each \( j \) this is an equations for the three components of the vector \( a_{jm} \), \( m=1,2,3 \).

To be sure we understand the form of the problem, let’s write out (3.1.2 b) entirely.

\[
(\sigma_{11} - \sigma_{(j)}) a_{j1} + \sigma_{12} a_{j2} + \sigma_{13} a_{j3} = 0,
\]

\[
\sigma_{21} a_{j1} + (\sigma_{22} - \sigma_{(j)}) a_{j2} + \sigma_{23} a_{j3} = 0,
\]

(3.1.3 a, b, c)

\[
\sigma_{31} a_{j1} + \sigma_{32} a_{j2} + (\sigma_{33} - \sigma_{(j)}) a_{j3} = 0.
\]

and recall that \( \sigma_{12} = \sigma_{21} \), etc. This yields a simple eigenvalue problem for the \( \sigma_{(j)} \). There will be three eigenvalues corresponding to the three diagonal elements of the new stress tensor. For each eigenvalue there will be an eigenvector \( a_{jm} \), \( m=1,2,3 \). Since the stress tensor is symmetric the eigenvectors corresponding to different eigenvalues are orthogonal. Thus, for \( \sigma_{(j)} \neq \sigma_{(i)} \),

\[
a_{im} a_{jm} = \delta_{ij}
\]
(3.1.4)

and the proof is an elementary one from matrix theory.

\[
\sigma_{ml} a_{ji} = \sigma_{(j)} a_{jm},
\]
\[
\sigma_{ml} a_{il} = \sigma_{(i)} a_{jm},
\]

(3.1.5 a, b, c, d)

Subtracting the two final equations yields

\[
\sigma_{ml} a_{jl} a_{jm} - \sigma_{ml} a_{il} a_{jm} = (\sigma_{(j)} - \sigma_{(i)}) a_{jm} a_{jm},
\]
(3.1.6)
In the second term on the right hand side we interchange the dummy summation indices, letting \( m \leftrightarrow l \) to obtain

\[
\sigma_{ml} a_{jl} a_{im} - \sigma_{im} a_{jm} a_{jl} = \left( \sigma_{(j)} - \sigma_{(i)} \right) a_{jm} a_{im},
\]

(3.1.7)

but since the stress tensor is symmetric, \( \sigma_{ml} = \sigma_{lm} \) and the left hand side of (3.1.7) is zero and (3.1.4) follows directly.

So we can always find a frame in which the stress tensor is diagonal,

\[
\sigma_{ij} = \begin{bmatrix}
\sigma_1 & 0 & 0 \\
0 & \sigma_2 & 0 \\
0 & 0 & \sigma_3 \\
\end{bmatrix}
\]

(3.1.8)

3.2 The static pressure (hydrostatic pressure)

Our definition of a fluid is that if it is subject to forces, or stresses that will not lead to a change of volume it must deform and so not remain at rest. It follows that in a fluid at rest the stress tensor must have only diagonal terms. Furthermore, the stress tensor would have to be diagonal in any coordinate frame because, clearly, the fluid doesn’t know which frame we choose to use to describe the stress tensor. As we saw in the last chapter the only second order stress tensor that is diagonal in all frames is one in which each diagonal element is the same. We define that value as the static pressure and in that case the stress tensor is just,

\[
\sigma_{ij} = -p \delta_{ij}
\]

(3.2.1)

This also follows from the easily proven fact that \( \delta_{ij} \) is the only isotropic second order tensor, that is, the only tensor whose elements are the same in all coordinate frames. Sometimes \( p \) is called the hydrostatic pressure but that misleadingly suggests that it has something to do with a gravitational force balance. Rather it is merely the pressure in a fluid at rest and the fact that the stress tensor is isotropic implies that the normal stress in any orientation is always \(-p\) and the tangential stress is always zero. This fact is often called Pascal’s Law. Blaise Pascal (1623-1662) formulated his ideas in a discussion of the hydraulic force multiplier involving pistons of various diameters linked together hydraulically. The isotropy of the pressure was not a result that was accepted immediately
by his contemporaries. For a fluid at rest the pressure is also the thermodynamic pressure, that is, a state variable determined, say, by the temperature and the density. When the fluid is moving the pressure, defined as the average normal force on a fluid element, need not be the thermodynamic pressure and we will have to consider that in more detail below. The average normal stress is

\[ \sigma_{ij} / 3 = \frac{1}{3} (\sigma_{11} + \sigma_{22} + \sigma_{33}) \]  

(3.2.2)

this is (mistakenly) taken to be \(-p\) in several otherwise fine texts but it is strictly true only for simple monoatomic gases. In general there is a discrepancy between the average normal stress and the pressure. It is true however, and is left as an exercise for the student, that the trace of the stress tensor \(\sigma_{ij}\) is invariant, i.e. the same in all coordinate systems.

We can always split the stress tensor into two parts and write it

\[ \sigma_{ij} = -p \delta_{ij} + \tau_{ij} \]  

(3.2.3)

where \(\tau_{ij}\) is called the deviatoric stress. It is simply defined as the difference between the pressure and the total stress tensor and our next task is to relate it to the fluid motion. Note that if we define the pressure as the average normal stress then the trace of the deviatoric stress tensor, \(\tau_{ij}\) is zero. If the pressure is so defined we can then not guarantee it is equal to the thermodynamic pressure and we will have to represent the difference of the two of them also in terms of the fluid motion. If, on the other hand, we define the pressure as the thermodynamic pressure then the trace of \(\tau_{ij}\) is not zero. Of course, since it is a matter of our choice which we do, the final equations will be the same.

### 3.3 The analysis of fluid motion at a point.

We are going to try to relate the stress tensor to the fluid motion, i.e. to some property of that motion. In almost all cases of interest to us, that relationship will be a local one (this is an important property true for simple fluids). So we first need to analyze the nature of the flow in the vicinity of an arbitrary point and discover what aspects of that motion will determine the stress. Again, it is unfortunate that many texts go wrong here and so let us be especially careful in our development.

---

Consider the motion near the point \( x_i \). Within a small neighborhood of that point, and using the continuous nature of fluid motion, we can represent the velocity in terms of a Taylor Series. For small neighborhoods of the point, only the first term is important, hence,

\[
\begin{align*}
\mathbf{u}_i(x_j + \delta x_j) &= \mathbf{u}_i(x_j) + \frac{\partial \mathbf{u}_i}{\partial x_j} \delta x_j \\
\end{align*}
\]

(3.3.1)

Since both the velocity and the displacement \( \delta x_i \) are vectors it follows that \( \frac{\partial \mathbf{u}_i}{\partial x_j} \) is a second order tensor. We are going to discuss this tensor in some detail because we will show how the stress tensor depends on this deformation tensor. Thus, if we write the velocity as \( \mathbf{u}_i(x_j + \delta x_j) = \mathbf{u}_i(x_j) + \delta \mathbf{u}_i(x_j) \) we have

\[
\delta \mathbf{u}_i(x_j) = \frac{\partial \mathbf{u}_i}{\partial x_j} \delta x_j
\]

(3.3.2)

We can rewrite the velocity deviation

\[
\delta \mathbf{u}_i = \delta \mathbf{u}_i^{(s)} + \delta \mathbf{u}_i^{(a)},
\]

(3.3.4 a, b, c)

\[
\delta \mathbf{u}_i^{(s)} = \frac{1}{2} \left[ \frac{\partial \mathbf{u}_i}{\partial x_j} + \frac{\partial \mathbf{u}_j}{\partial x_i} \right] \delta x_j, \quad \delta \mathbf{u}_i^{(a)} = \frac{1}{2} \left[ \frac{\partial \mathbf{u}_i}{\partial x_j} - \frac{\partial \mathbf{u}_j}{\partial x_i} \right] \delta x_j
\]

So that one part of the velocity deviation is represented by a symmetric tensor

\[
\epsilon_{ij} = \frac{1}{2} \left[ \frac{\partial \mathbf{u}_i}{\partial x_j} + \frac{\partial \mathbf{u}_j}{\partial x_i} \right]
\]

(3.3.5 a)

called the rate of strain tensor (we will see why shortly) and an antisymmetric part,

\[
\xi_{ij} = \frac{1}{2} \left[ \frac{\partial \mathbf{u}_i}{\partial x_j} - \frac{\partial \mathbf{u}_j}{\partial x_i} \right]
\]

(3.3.6 b)

and it is important to note that the antisymmetric part has only three nonzero entries. Thus, the total velocity deviation is
\[ \delta u_i = (e_{ij} + \xi_{ij}) \delta x_j \] (3.3.7)

We will discuss each contribution separately. It may come as no surprise that the (symmetric) stress tensor is proportional to the symmetric \( e_{ij} \) but that is something we have to demonstrate.

### 3.4 The vorticity

The three components of the antisymmetric tensor, \( \xi_{ij} \) are

\[ \xi_{21} = \frac{1}{2} \left( \frac{\partial u_2}{\partial x_1} - \frac{\partial u_1}{\partial x_2} \right) = -\xi_{12} \]

\[ \xi_{32} = \frac{1}{2} \left( \frac{\partial u_3}{\partial x_2} - \frac{\partial u_2}{\partial x_3} \right) = -\xi_{23} \] (3.4.1)

\[ \xi_{13} = \frac{1}{2} \left( \frac{\partial u_1}{\partial x_3} - \frac{\partial u_3}{\partial x_1} \right) = -\xi_{31} \]

and these are the three components of the vector

\[ \frac{1}{2} \omega = \frac{1}{2} \nabla \times \vec{u} \] (3.4.2)

where

\[ \omega = \nabla \times \vec{u} \equiv \text{curl} \vec{u}, \] (3.4.3)

\[ \omega_i = \epsilon_{ijk} \frac{\partial u_k}{\partial x_j} \]

are all representations of the vorticity. The relationship between \( \xi_{ij} \) and the vorticity is straightforward, for example,

\[ \xi_{32} = \omega_i / 2 = \frac{1}{2} \left( \frac{\partial u_3}{\partial x_2} - \frac{\partial u_2}{\partial x_1} \right) \] (3.4.4)

with the other components following cyclically. In general,
\[ \xi_{ij} = -\frac{1}{2} \varepsilon_{ijk} \omega_k \]  

(3.4.5)

which follows from

\[ \xi_{ij} = -\frac{1}{2} \varepsilon_{ijk} \omega_k = -\frac{1}{2} \varepsilon_{ijk} \varepsilon_{klm} \frac{\partial u_m}{\partial x_l} = -\frac{1}{2} \varepsilon_{ijk} \varepsilon_{klm} \frac{\partial u_m}{\partial x_l} \]

(3.4.6)

\[ = -\frac{1}{2} \left( \delta_{il} \delta_{jm} - \delta_{im} \delta_{jl} \right) \frac{\partial u_m}{\partial x_l} \]

The velocity deviation proportional to the antisymmetric tensor is then,

\[ \delta u_i^{(a)} = \xi_{ij} \delta x_j = -\frac{1}{2} \varepsilon_{ijk} \omega_k \delta x_j = \frac{1}{2} \varepsilon_{ijk} \omega_k \delta x_j \]  

(3.4.7)

which may be more recognizable written in vector form,

\[ \delta \mathbf{u}^{(a)} = \frac{1}{2} \mathbf{\hat{\omega}} \times \delta \mathbf{x} \]  

(3.4.8)

Figure 3.4.1 The relation between the vorticity, the position vector (relative to an arbitrary origin) and its contribution to the relative displacement velocity which is perpendicular to the first two.

Thus, \( \delta \mathbf{u}^{(a)} \) represents the displacement velocity due to a pure rotation at a rotation rate which is half the local value of the vorticity. We recognize that it is a pure rotation because
the associated velocity vector is always perpendicular to the displacement $\delta \vec{x}$ and so that there is no increase in the length of $\delta \vec{x}$, only a change in direction. The vorticity $\vec{\omega} = \nabla \times \vec{u}$ is twice the rotation rate. The vorticity, as we shall see, occupies a central place in the dynamics of atmospheric and oceanic phenomena and we see that it is one of the fundamental portions of the general decomposition of fluid motion.

3.5 The rate of strain tensor

Now let’s consider the contribution of the symmetric tensor $e_{ij} = \frac{1}{2} \left( \frac{\partial u_i}{\partial x_j} + \frac{\partial u_j}{\partial x_i} \right)$. It is called the rate of strain tensor. To see why, consider two differential line element vectors, $\delta \vec{x}$ and $\delta \vec{x}'$ at the same point separated by an angle $\theta$.

![Figure 3.5.1 Two displacement vectors with an angle $\theta$ between them.](image)

Let their respective lengths be $\delta s$ and $\delta s'$ respectively. Now, following the fluid, each displacement vector will change depending on the difference between the position of the origin and the position of the tip of the vector. Thus,

$$\frac{d}{dt} \delta x_i = \delta u_i \tag{3.5.1}$$

where $\delta u_i$, by definition, is that velocity difference. Now let’s consider the inner product,

$$\delta x_i \delta x'_i = \delta s \delta s' \cos \theta \tag{3.5.2}$$

The rate of change of this product is
\[
\frac{d}{dt} \delta x_i, \delta x'_i = \cos \theta \left[ \frac{d}{dt} \delta s + \frac{d}{dt} \delta s' \frac{d}{dt} \delta s \right] - \sin \theta \delta s \delta s' \frac{d \theta}{dt} \\
= \delta x_i, \delta u'_i + \delta x'_i, \delta u_i \\
= \delta x_i \frac{\partial u_i}{\partial x_j} \delta x'_j + \delta x'_i \frac{\partial u_j}{\partial x_i} \delta x_j
\]

Note that the deformation tensor \( \frac{\partial u_i}{\partial x_j} \) acts on both line elements since they share the same origin. Interchanging the \( i \) and \( j \) dummy indices the last term in the above equation yields,

\[
\frac{d}{dt} \delta x_i, \delta x'_i = \cos \theta \left[ \frac{d}{dt} \delta s + \frac{d}{dt} \delta s' \frac{d}{dt} \delta s \right] - \sin \theta \delta s \delta s' \frac{d \theta}{dt} \\
= \delta x_i, \delta x'_j \left\{ \frac{\partial u_i}{\partial x_j} + \frac{\partial u_j}{\partial x_i} \right\} 
\]

\[
= 2 \epsilon_{ij} \delta x_i \delta x'_j
\]

dividing both sides of (3.5.4) by \( \delta s \delta s' \) yields,

\[
\cos \theta \left[ \frac{1}{\delta s} \frac{d}{dt} \delta s' + \frac{1}{\delta s} \frac{d}{dt} \delta s \right] - \sin \theta \frac{d \theta}{dt} \\
= 2 \epsilon_{ij} \left( \delta x_i / \delta s \right) \left( \delta x'_j / \delta s' \right)
\]

Note that the vectors \( \delta x_i / \delta s \) and \( \delta x'_j / \delta s \) are unit vectors. We can now use (3.5.5) to interpret the components of the tensor \( \epsilon_{ij} \).

**Example 1.**

Let \( \delta x' \) and \( \delta x \) coincide so that \( \theta = 0 \) and let \( \delta x \) lie along the \( x_i \) axis. Then
\[
\cos \theta = 1, \sin \theta = 0 \text{ and } \delta s = \delta x_1. \text{ We then have from (3.5.5)}
\]

\[
\frac{1}{\delta x_1} \frac{d}{dt} \delta x_1 = e_{11} \quad (3.5.6)
\]

so that the diagonal elements of the rate of strain tensor represent the *rate of stretching of a fluid element along the corresponding axis.*

![Rate of strain along axes](image)

Figure 3.5.2 The rate of strain along the axes due to the diagonal components of \( e_{ij} \). In the case shown, \( e_{22} \) is negative.

**Example 2.**

Now choose \( \delta \vec{x} \) and \( \delta \vec{x}' \) to lie along the \( x_1 \) and the \( x_2 \) axes respectively. So now, \( \cos \theta = 0, \sin \theta = 1. \) We then have from (3.5.5)

\[
-\frac{d\theta}{dt} = 2e_{12} \quad (3.5.7)
\]

![Distortion of right angle](image)

Figure 3.5.3 The distortion of the original right angle by the off diagonal element of the rate of strain tensor.

This has a simple interpretation, since a little geometry shows that
\[-\frac{d\theta}{dt} = \left(\frac{d}{dt}\theta_1\right) + \left(\frac{d}{dt}\theta_2\right) = \left(\frac{\partial u_1}{\partial x_2}\right) + \left(\frac{\partial u_2}{\partial x_1}\right)\]  \hspace{1cm} (3.5.7)

since, for example,

\[\tan \theta_2 \approx \frac{\delta x_2}{\delta x_1}, \text{ and } \frac{d}{dt}\theta_2 = \frac{1}{\delta x_1} \frac{\partial u_2}{\partial x_1}\delta x_1\]

The off-diagonal element of the rate of strain tensor therefore represent the rate of shearing strain of a fluid element.

### 3.6 Principal strain axes and the decomposition of the motion.

As in the case of the stress tensor, the rate of strain tensor can also be diagonalized, so that we can always find a coordinate frame in which,

\[e_{ij} = e_{(ij)}\delta_{ij}\]  \hspace{1cm} (3.6.1)

In this frame the velocity associated with the symmetric part of the deformation tensor represents a pure strain along the principal axes so that lines parallel to the coordinate axes are strained but not rotated

\[\delta u_i^{(s)} = e_{(ij)}\delta x_i\]  \hspace{1cm} (3.6.2)

![Figure 3.6.1](image)

Figure 3.6.1 A fluid element reacting to the application of pure strain along its principal axes. Note that the diagonal line element AA’ rotates as well as stretches.

Although lines parallel to the principal axes are only extended or contracted, other lines such as the line AA’ in the figure are also rotated as the element is sheared. This is analogous to the production of shear stresses by pure normal stresses along an element’s diagonal that we saw in the last chapter. There is, of course, no rotation of lines parallel to the principal axes. Note also that since,
which is the rate of volume expansion, we can write the rate of strain tensor, in the principal axes system as, a pure strain without volume change plus a pure volume change, i.e.

\[
e_{ij} = \left( e_{ij} \delta_{ij} - \left[ \frac{1}{3} \nabla \cdot \bar{u} \right] \delta_{ij} \right) + \nabla \cdot \bar{u} \delta_{ij} / 3
\]  

(3.6.4)

The first bracket in (3.6.4) then represents a pure strain without any change in volume and the last term represents a pure volume change.

Putting the results of the last three sections together we see that we can represent the motion of a fluid element in terms of three basic parts: 1) a pure translation, 2) a pure strain along the principal axes and 3) a rotation (associated with the vorticity). This fact was demonstrated by Helmholtz (1853).
For this example the strain tensor has only two non zero components,
\[ e_{12} = e_{21} = \frac{1}{2} \frac{\partial u_1}{\partial x_2}, \]  
(3.6.6)
so the equations to determine the principal axes and strain rates are,
\[
\begin{bmatrix}
0 - e^{(j)} & e_{12} \\
 e_{12} & 0 - e^{(j)}
\end{bmatrix}
\begin{bmatrix}
a_{j1} \\
 a_{j2}
\end{bmatrix}
= 0
\]  
(3.6.7)
so that the condition for the vanishing of the determinant of the 2X2 matrix in (3.6.7) yields,
\[ e^{(j)} = \pm e_{12} = \pm \frac{1}{2} \frac{\partial u_1}{\partial x_2}, \]  
(3.6.8 a,b,c)
\[ e^{(1)} = \frac{1}{2} \frac{\partial u_1}{\partial x_2}, \quad e^{(2)} = -\frac{1}{2} \frac{\partial u_1}{\partial x_2}, \]  
(3.6.8 a,b)
For \( e^{(1)} \) we have,
\[ -a_{j1} + a_{j2} = 0 \Rightarrow a_{j1} = 1/\sqrt{2}, \quad a_{j2} = 1/\sqrt{2} \]  
(3.6.7 a, b, c)
after normalizing the vectors to have unit length. For \( e^{(2)} \),
\[ a_{j1} = -1/\sqrt{2}, \quad a_{j2} = 1/\sqrt{2} \]  
(3.6.8 a,b)
The components of the vorticity are
\[ \omega_i = (0, 0, -\frac{\partial u_1}{\partial x_2}) \]  
(3.6.9)
The rate of strain along the principal axes, the associated velocities, and the velocity associated with the vorticity(rotation) are shown in Figure 3.6.4 and demonstrate the decomposition of the relative velocity into a strain and a rotation.
Figure 3.6.4 The directions of the principal axes (dashed) and the rates of strain for the shear flow example. The short vectors represent the velocity due to the strain and rotation and the full vector is their sum.

3.7 The relation between stress and rate of strain.

We need to find a relation between the nine independent components of the stress tensor $\sigma_{ij}$ and the fluid velocity and it is here for the first time that we use the particular properties of a fluid rather than a general continuum. As we saw, in a fluid at rest $\sigma_{ij}$ is isotropic and depends on the single scalar, $p$, the fluid pressure, which is determined thermodynamically from some state equation of the form $p = p(\rho, T)$ (although for seawater with the presence of salt this relation is much more complex).

In a moving fluid we have to make certain assumptions that seem to be valid based on our experience with the type of fluids, air and water that we are most concerned with. We formulate these assumptions as follows:

1) The stress tensor is a function only of $\frac{\partial u_i}{\partial x_j}$, the deformation tensor, and various thermodynamic state functions like the temperature. That is, we assume the deviatoric stress $\tau_{ij}$ depends only on the spatial distribution of velocity near the element under consideration. The stress-rate of strain relation is local. Note that we are not assuming that the stress depends only on the rate of strain tensor at this point and we are including the entire deformation tensor, including the antisymmetric part (the vorticity).
2) We assume the fluid is homogeneous in the sense that the relationship between stress and rate of strain is the same everywhere. There is a spatial variation in the stress $\sigma_{ij}$ only insofar as there is a spatial variation of the deformation tensor $\frac{\partial u_i}{\partial x_j}$. This distinguishes a fluid from a solid for which the stress tensor depends on the strain itself.

3) We assume that the fluid is isotropic, i.e. that there is no preferred direction in space insofar as the relation between stress and rate of strain is concerned. Obviously, given a particular rate of strain, as in the example of the preceding section, there will be a special direction for the stress but only because of the geometry of the strain field not because of the structure of the fluid. This is true for air or water but is not true for certain fluids with long chain molecules in their structures for which rates of strain along the direction of the chains give stresses different than in other directions. It is possible to argue that this isotropy eliminates the vorticity as a contributor.

These assumptions define what is called a Stokesian Fluid (after Stokes, 1845). It is not difficult to show, that as a consequence of the above assumptions, that the principal axes of the stress and rate of strain must coincide even if the relationship between stress and rate of strain is nonlinear. That will be left as an exercise for you.

We now make one further assumption. We assume that the relation between stress and rate of strain is linear. This defines a Newtonian Fluid and both air and water experimentally satisfy this assumption. This implies that we are searching for the general relation between the deviatoric stress and the deformation tensor of the form

$$\tau_{ij} = T_{ijkl} \frac{\partial u_k}{\partial x_l} \quad (3.7.1)$$

where the proportionality tensor (note it is fourth order) satisfies the conditions of homogeneity and isotropy. In particular the last condition, isotropy, implies that the relationship (3.7.1) and thus the proportionality tensor $T_{ijkl}$ is independent of orientation in space. If there is a spatial structure to the stress it must reflect the spatial structure of the deformation. So, in general, we need to find the most general fourth order tensor that is isotropic, i.e. the same in all rotated coordinate frames. For a second order tensor the most general isotropic tensor is the Kronecker delta $\delta_{ij}$, which as we have seen is invariant under coordinate transformation. The issue we face here is to find its fourth order
equivalent. There are several constructive proofs that yield the result we are looking for and
the simplest, I think, is as follows.

Consider the scalar constructed by taking the inner product of $T_{ijkl}$ with the four
vectors $A_i, B_i, C_i$, and $D_i$,

$$S = T_{ijkl} A_i B_j C_k D_l$$  \hspace{1cm} (3.7.2)

This scalar depends linearly on the magnitude of each of the vectors and their relative
orientations in space. However, since $T_{ijkl}$ is an isotropic tensor the absolute directions of
four vectors should not affect the scalar $S$ but only the orientations of the vectors with one
another. Hence, $S$ should depend only on the cosine of the angles between those vectors, or
equivalently, only on the dot products of the vectors. Thus,

$$S = T_{ijkl} A_i B_j C_k D_l = \alpha (A \cdot B) (C \cdot D) + \beta (A \cdot C) (B \cdot D) + \gamma (A \cdot D) (B \cdot C)$$  \hspace{1cm} (3.7.3)

Other products like $(A \times B)(C \times D)$ add nothing new. Rewriting (3.7.3) in index notation,

$$T_{ijkl} A_i B_j C_k D_l = \alpha A_i B_j C_k D_l + \beta A_i C_k B_j D_l + \gamma A_i D_l C_k D_j,$$

$$= A_i B_j C_k D_l \left\{ \alpha \delta_{ij} \delta_{kl} + \beta \delta_{ik} \delta_{jl} + \gamma \delta_{il} \delta_{jk} \right\}$$  \hspace{1cm} (3.7.4)

Since the four vectors are arbitrary the condition that (3.7.4) is always satisfied yields the
form for $T_{ijkl}$, namely,

$$T_{ijkl} = \alpha \delta_{ij} \delta_{kl} + \beta \delta_{ik} \delta_{jl} + \gamma \delta_{il} \delta_{jk}$$  \hspace{1cm} (3.7.5)

This is the most general fourth order isotropic tensor. We can see immediately that since
each Kronecker delta is invariant under a linear orthogonal coordinate transformation the
tensor $T_{ijkl}$ must also be invariant. However, we have an additional constraint to impose
since we know that the stress tensor is symmetric and so $T_{ijkl} = T_{jikl}$ under an interchange of
the $i$ and $j$ suffixes. Applying this to (3.7.5) it follows that,
\[
\beta \delta_{ik} \delta_{jl} + \gamma \delta_{ij} \delta_{kl} = \beta \delta_{ij} \delta_{kl} + \gamma \delta_{jk} \delta_{il}.
\]

\[ \Rightarrow (\beta - \gamma) \delta_{ik} \delta_{jl} = (\beta - \gamma) \delta_{ij} \delta_{kl} \]

For this to be satisfied for each value of \( i, j, k \) and \( l \) we must have,

\[ \gamma = \beta \]  

(3.7.7)

so that

\[
T_{ijkl} = \alpha \delta_{ij} \delta_{kl} + \beta \left( \delta_{ik} \delta_{jl} + \delta_{ij} \delta_{kl} \right)
\]

(3.7.8)

from which it follows that the stress tensor has the form,

\[
\sigma_{ij} = -p \delta_{ij} + \{ \alpha \delta_{ij} \delta_{kl} + \beta (\delta_{ik} \delta_{jl} + \delta_{ij} \delta_{kl}) \} \frac{\partial u_k}{\partial x_l}
\]

\[ = -p \delta_{ij} + \alpha \delta_{ij} \frac{\partial u_k}{\partial x_l} + \beta \left( \frac{\partial u_i}{\partial x_j} + \frac{\partial u_j}{\partial x_i} \right) \]

(3.7.9)

The traditional notation uses \( \mu \) for \( \beta \) and \( \lambda \) for \( \alpha \), so that finally we have,

\[
\sigma_{ij} = -p \delta_{ij} + 2 \mu e_{ij} + \lambda e_{kk} \delta_{ij}
\]

(3.7.10)

Note that the stress tensor depends only on the pressure, and the rate of strain tensor and not on the antisymmetric vorticity terms. The final term on the right hand side of (3.7.10) is proportional to the divergence of the velocity field, i.e. on the rate of volume change.

Generally speaking, in the dynamics of interest to us, the deviatoric stress becomes important when the shear is large, usually near boundaries, and typically dominates the relatively small divergence term. Of course, for a nondivergent fluid, the term is zero.

As we have written it, the stress tensor depends on three scalars, \( p, \mu \) and \( \lambda \). The real question we have to confront is what we mean by the pressure. There are two obvious definitions and they need not be the same. From a mechanical point of view we can define the pressure as the *average normal stress*. That leads to a definition of \( p \) that we will momentarily label with an overbar i.e. 
\[ p = \bar{p} = -\frac{1}{3} \sigma_i = -\frac{1}{3} (\sigma_{11} + \sigma_{22} + \sigma_{33}) \]  

(3.7.11)

as it is in a fluid at rest. Note that even with the fluid in motion this definition of the pressure is independent (invariant) of the coordinate system since the trace of \( \sigma_{ij} \) is an invariant scalar. If the pressure is defined this way it implies that the trace of the deviatoric stress must be zero, or,

\[ \tau_{ii} = 2\mu e_{ii} + \lambda e_{kk} \delta_{ii} = e_{j} [2\mu + 3\lambda] = 0 \]  

(3.7.12)

and this relates the two coefficients \( \lambda \) and \( \mu \).

\[ \lambda = -\frac{2}{3} \mu \]  

(3.7.13)

and this relation is often used in texts, for example Kundu’s excellent book. However, if the pressure is defined by (3.7.11) we can no longer insist that the pressure be the same as the equilibrium thermodynamic pressure. How can this be possible? It is probably useful to remember that the *equilibrium* thermodynamic pressure, for example in a gas, is related to the translational kinetic energy of the molecules when the gas, in equilibrium, has reached an equipartition of energy between all its degrees of freedom. For a monoatomic gas whose only degree of freedom is that of the translation velocity of its atoms the pressure will always be the equilibrium thermodynamic pressure. For more complex molecules possessing, say, rotational or vibrational degrees of freedom, it is possible that under abrupt changes of volume there will be a lag between the equilibration of the rotational or vibrational degrees of freedom and the translational. The mechanical pressure is related only to the translational motion of the molecules but there may be a lag before the pressure comes into equilibrium with other thermodynamic variables that require the equipartition of energy to occur. So in general, if we want to write our equations (as we will have to) in a way to link the mechanics and the thermodynamics we will want to introduce the equilibrium thermodynamic pressure \( p_e \). That will differ from the mechanically defined pressure by an amount depending on the deformation tensor \( \partial u_i / \partial x_j \). In an isotropic medium that difference in the two scalar definition of pressure must be related by a second order isotropic tensor, or,
\[ p = \bar{p} = p_e - \eta \frac{\partial u_i}{\partial x_j} \delta_{ij} = p_e - \eta \frac{\partial u_j}{\partial x_j} = p_e - \eta \nabla \cdot \vec{u} \] (3.7.14)

so that the stress tensor becomes

\[ \sigma_{ij} = -p_e \delta_{ij} + 2\mu e_{ij} + (\eta - \frac{2}{3}\mu) e_{kk} \delta_{ij} \] (3.7.15)

On the other hand, we could just define the pressure as the thermodynamic pressure in (3.7.10) in which case,

\[ \sigma_{ij} = -p_e \delta_{ij} + 2\mu e_{ij} + \lambda e_{kk} \delta_{ij} \] (3.7.16)

It is clear that in either approach we get the same set of equations and the relation between the two formulations is just that \( \lambda = \eta - \frac{2}{3}\mu \). For a monoatomic gas, we can take \( \eta = 0 \), and the thermodynamic pressure is the average normal pressure. If the fluid is incompressible (or nearly so) these extra terms are inconsequential.

This form of the stress tensor was derived in the first part of the nineteenth century, largely by the French school of fluid dynamicists. The first to have done so was Navier in 1822. He was a military engineer and was more noted for his construction of bridges but he had a rather complex imaginary model of the interaction of fluid molecules that he was nevertheless able to use to derive (3.7.10) without the divergence term. Other derivations followed by Cauchy (1828), St. Venant (1843), Poisson (1829) and finally, in a form more closely resembling what we have done by Stokes (1845). Partly for that reason, partly for Anglo-French parity, the resulting fluid momentum equations with the full stress tensor are called the Navier-Stokes equations.

3.8 The coefficient of viscosity \( \mu \).

Let us return to the example of the simple shear flow of section 3.6. The stress associated with the shear has only one independent component \( \tau_{12} \). From (3.7.10) this is
\[ \tau_{12} = \mu \frac{\partial u_1}{\partial x_2} \]  

(3.8.1)

and is illustrated in Figure 3.8.1

![Figure 3.8.1: The shear flow and two horizontal planes on which the stress is calculated.](image)

Keeping in mind the orientation of the normal to each of the two surfaces in the figure. The stress acts in the positive sense on the upper face of the lower plane (to drag it to the right) and that plane exerts a stress on the fluid above it that would tend to drag the fluid leftward with the same force. The stress on the fluid at the upper plane is to the left and the stress on the plane by the fluid is to the right. The coefficient that relates the velocity shear to the stress is called the \textit{viscosity coefficient} \( \mu \), The stress, force per unit area, has the dimensions of \( \frac{m}{L^2} \). Since the dimensions of \( m \) are just \( \rho L^3 \), it follows that the dimensions of \( \mu = \rho \frac{L^2}{T} \). The coefficient is a thermodynamic state variable and depends rather nontrivially on temperature and in continuum theories it must be specified. If we were to look on the microscopic scale we would see that the basis for the existence of the shear stress is in the random motion of fluid molecules or atoms. This is most clearly seen when the fluid is a gas. Let’s consider the same shear flow as in Figure 3.8.1 but let’s add the random motion of gas molecules that have zero ensemble average; the average is what has defined our continuum velocity \( u \). The random thermal motion of the atoms will allow a flux of atoms across a plane like the two of the above figure and shown again in Figure 3.8.2.
Figure 3.8.2 A fluid plane, perpendicular to the $x_2$ axis for the linear shear flow.

As the gas molecules from below cross the plane shown in the figure they carry a flux of momentum in the $1$ direction equal to $mu'_1 u'_2$ where $u'_1$ is the excess or deficit of the velocity with respect to the macroscopic mean. Since the molecule is coming from below the plane where the macroscopic velocity is smaller and if it retains its velocity in the $x_1$ direction (at least until it collides with another molecule) it will arrive across the plane with a deficit of velocity as shown. On the other hand gas molecules coming from above, with a $u'_2$ which is negative will arrive with a positive value of $u'_1$. The flux of momentum across the plane perpendicular to the $x_2$ axis is therefore always negative. If we can write for $u'_1$

\[
u'_1 = -\ell \frac{\partial u'_1}{\partial x_2}
\]

(3.8.2)

where $\ell$ is the distance an atom goes between collisions, then the net momentum flux will be

\[
\text{momentum flux per unit volume} = -2 \frac{nm}{V} u'_2 \ell \frac{\partial u'_1}{\partial x_2}
\]

(3.8.2)

where $n$ is the number of atoms crossing the plane. The ratio $nm / V$ is just the fluid density and the product $u'_2 \ell = \frac{d}{dt} \ell^2 / 2$. The stress is just equal to this rate of momentum flux so that the coefficient of viscosity is:

\[
\mu = \rho \frac{d\ell^2}{dt}
\]

(3.8.3)
where the term $\frac{d \ell^2}{dt}$ is just the rate of random dispersion of fluid atoms due to their thermal motion. Note the dimensions of $\mu$ are just what we expected. For dilute gases it is possible to use kinetic theory to actually carry out a real calculation of the viscosity although it is not a trivial calculation. For more complicated gases or liquids it is very difficult if not impossible so we will usually consider the coefficient of viscosity as given.

It is useful to define a slightly different measure of viscosity, called the *kinematic viscosity* $\nu$,

$$\nu = \frac{\mu}{\rho} \quad (3.8.4)$$

and whose dimensions are $L^2/T$.

The following figures give the viscosity coefficient and its kinematic cousin for dry air and pure water over a range of temperature. The values are taken from Batchelor’s book, Fluid Dynamics.

Figure 3.8.3 The coefficient of viscosity $\mu$ in the first panel, the kinematic viscosity $\nu$ in the second panel and the density of air as a function of temperature. All are in cgs units and the temperature is in degrees Centigrade.
As the temperature increases the thermal motion of the air molecules increase and so the exchange of momentum by the random molecular motion increases. Note that both the viscosity $\mu$ and the kinematic viscosity $\nu$ increase with temperature.

Figure 3.8.4 The viscosity (first panel) $\mu$ and the kinematic viscosity $\nu$ for water as a function of temperature.

In contrast with air, the viscosity of water decreases with temperature. The viscosity of water is related to the intermolecular forces between water molecules and increasing the temperature weakens those forces and reduces the viscosity. Note that although the viscosity, $\mu$, of water exceeds that of air the kinematic viscosity of water is lower.

3.9 The Navier Stokes Equations

Now that we have an explicit form for the stress tensor we can write the momentum equation (2.7.6) in a form suitable for a fluid. With (3.7.16) we have

$$\rho \frac{du_i}{dt} = \rho F_i - \frac{\partial p}{\partial x_i} + \frac{\partial}{\partial x_j} \left[ 2\mu e_{ij} \right] + \frac{\partial}{\partial x_i} \left( \lambda \frac{\partial u_k}{\partial x_k} \right)$$

$$= \rho F_i - \frac{\partial p}{\partial x_i} + \frac{\partial}{\partial x_j} \left[ \mu \left( \frac{\partial u_i}{\partial x_j} + \frac{\partial u_j}{\partial x_i} \right) \right] + \frac{\partial}{\partial x_i} \left( \lambda \frac{\partial u_k}{\partial x_k} \right)$$

(3.9.1)
In (3.9.1) and from now on, we have dropped the subscript “e” on the pressure and we are assuming it is the thermodynamic pressure and not the average normal stress.

It is difficult write (3.9.1) completely in vector form but with some little looseness of notation,

$$\rho \frac{d\vec{u}}{dt} = \rho \vec{F} - \nabla p + \mu \nabla^2 \vec{u} + (\lambda + \mu) \nabla (\nabla \cdot \vec{u}) + (\nabla \lambda)(\nabla \cdot \vec{u}) + \hat{i} \epsilon_{ij} \frac{\partial \mu}{\partial x_j}$$ (3.9.2)

If the fluid is incompressible and if the temperature variations in the fluid are small enough so that the viscosity can be approximated as a constant the Navier Stokes equations become,

$$\rho \frac{d\vec{u}}{dt} = -\nabla p + \rho \vec{F} + \mu \nabla^2 \vec{u}$$ (3.9.3)

If the viscosity coefficient is small enough to tempt us to ignore friction entirely we end up with the Euler Equations,

$$\rho \frac{d\vec{u}}{dt} = -\nabla p + \rho \vec{F}$$ (3.9.4)

Note that in this case the order of the differential equation is reduced since the Laplacian in (3.9.3) eliminated. This is a singular perturbation of the dynamics and we will find that making what appears to be a sensible approximation to the dynamics opens up an interesting physical problem.

Let’s count, again, unknowns and equations. The unknowns are $\vec{u}, \rho$ and $p$ (5) while the equations are the three momentum equations plus the mass conservation equation (4) and so we are still one equation short unless there is a relationship, say, that relates the density to the pressure field, or in the simplest case, if the density is a constant. In all other cases we will have to consider coupling the dynamical equations we have derived to continuum statements of the laws of thermodynamics.

The total time derivate contains the term $(\vec{u} \cdot \nabla)\vec{u}$ and this form is not easily expressed in other coordinate (e.g. spherical) systems. An alternative expression comes from the identity, easily proven using the alternating tensor $\epsilon_{ijk}$,

$$\vec{u} \cdot \nabla \vec{u} = \vec{\omega} \times \vec{u} + \nabla |\vec{u}|^2 / 2$$ (3.9.5)
where $\vec{\omega} = \nabla \times \vec{u}$ is the vorticity. The Navier Stokes equation, e.g. (3.9.3) becomes

$$\rho \left( \frac{\partial \vec{u}}{\partial t} + \vec{\omega} \times \vec{u} \right) = -\left( \nabla p + \rho \nabla |\vec{u}|^2 / 2 \right) + \mu \nabla^2 \vec{u} \quad (3.9.6)$$

Note that $\vec{\omega}$, the vorticity, is twice the local component of the fluid’s rotation. Once again, it is important to emphasize the nonlinearity of the Navier Stokes equations due to the advection of momentum by the velocity field. As an aside, note that if the fluid is incompressible, so that the divergence of the velocity vanishes you can show that,

$$\mu \nabla^2 \vec{u} = -\mu \nabla \times \vec{\omega} \quad (3.9.7)$$

so that even though the stress is proportional to the strain and not the vorticity the frictional force in the equations, for an incompressible fluid, can be written in terms of the vorticity.

3.10 Turbulent stresses

Before we continue with our formulation of the basic laws of fluid mechanics note that if $\rho$ is constant the system is closed. Let’s think about that case for the moment which will allow us to examine some interesting features of the equations of motion. Further, since we are decoupling the dynamics from the thermodynamics lets keep the viscosity coefficients constant and if the fluid is incompressible our system of equations is,

$$\frac{\partial u_j}{\partial x_j} = 0, \quad (3.10.1 \ a, b)$$

$$\frac{\partial u_i}{\partial t} + u_j \frac{\partial u_i}{\partial x_j} = - \frac{1}{\rho} \frac{\partial p}{\partial x_i} + F_i + \nu \nabla^2 u_i.$$  

The incompressibility condition ((3.10.1a) allows us to write the momentum equation,

$$\frac{\partial u_i}{\partial t} \frac{\partial \vec{u}_j}{\partial x_j} = - \frac{1}{\rho} \frac{\partial p}{\partial x_i} + F_i + \nu \nabla^2 u_i. \quad (3.10.2)$$

We are often confronted with the situation in which the motion field is very complex, full of eddies and essentially random macroscopic motions at length scales and time scales much shorter than the scales of the motion we are interested in. For example, if we are interested in the atmospheric general circulation, with scales of thousands of kilometers...
how do we take into account the turbulent motions on scales that are much smaller, like the wispy eddies we see evidence of in the effluent of smoke stacks? We might try to average the velocity in space or in time so that the velocity we consider in our equations of motion is that averaged velocity. Unfortunately, the equation for the averaged velocity contains effects of the small scale motion we had hoped to eliminate by the averaging process because of the nonlinearity of the dynamics.

Suppose we write the full velocity field as an average or mean flow plus a deviation.

$$u_i = \bar{u}_i + u'_i$$  \hspace{1cm} (3.10.3)

The average that defines the mean flow could be a spatial average over scales large compared to the scale of the fluctuating velocity, or it could be a time average over periods large compared to the time scale of the fluctuations, or it could be an ensemble average over a large set of realizations of the same flow configuration differing only in the fluctuations. Defining the averaging process is not trivial but we imagine it is possible to do and for consistency it implies that the average of the fluctuation is zero, i.e.

$$\bar{u}'_i = 0$$  \hspace{1cm} (3.10.4)

If we apply this averaging operation to the momentum equation the average of a linear term will contain only the average quantity, e.g.

$$\frac{\partial \bar{u}_i}{\partial t} = \frac{\partial \bar{u}_i}{\partial t}$$  \hspace{1cm} (3.10.5)

On the other hand when we take the average of $u_i u_j$

$$\bar{u}_i u_j = (\bar{u}_i + u'_i)(\bar{u}_j + u'_j)$$

$$= \bar{u}_i \bar{u}_j + \bar{u}_i u'_j + u'_i \bar{u}_j + u'_i u'_j$$  \hspace{1cm} (3.10.6)

Since the average of the average just reproduces the average and the average of the primed variables is zero,

$$\bar{u}_i u_j = \bar{u}_i \bar{u}_j + \bar{u}_i u'_j + u'_i \bar{u}_j + \bar{u}'_i \bar{u}'_j$$

$$= \bar{u}_i \bar{u}_j + \bar{u}'_i \bar{u}'_j$$  \hspace{1cm} (3.10.7)
The last term in (3.10.7) is not zero even though each fluctuating term has zero average in the same way that $\cos(\omega t)$ has a zero time average but $(\cos(\omega t))^2$ has a non zero time average. Therefore, the equations for the time mean flow contain terms that have their origin in the small scale motions we may not be in a position to describe in a deterministic fashion since (3.10.2), when averaged yields,

$$\frac{\partial \overline{u_j}}{\partial x_j} = 0$$  \hspace{0.5cm} (3.10.8)

$$\frac{\partial \overline{u_i}}{\partial t} + \overline{u_j} \frac{\partial \overline{u_i}}{\partial x_j} = -\frac{1}{\rho} \frac{\partial p}{\partial x_i} + \nu \frac{\partial^2 \overline{u_i}}{\partial x_j \partial x_j} - \frac{\partial u_i' u_j'}{\partial x_j}$$

The last term on the right hand side has the \textit{form} of the divergence of a stress tensor (per unit mass), called the \textit{Reynolds Stress},

$$\tau_{ij} / \rho = -\overline{u_i' u_j'}$$  \hspace{0.5cm} (3.10.9)

and affects the flow in much the same way as we argued that gas molecules did in giving rise to our viscous stresses in the fluid. Except that here, instead of microscopic momentum being carried by the random motion of molecules around the macroscopic mean, we are talking about a \textit{macroscopic} random motion around a large scale mean flow. The analogy has sometimes been made that the presence of viscosity, in a gas, can be thought to be analogous to two trains passing each other at different velocities. On the fast train the passengers throw oranges through the windows of the slow train; the passengers on the slow train simultaneously throw oranges through the windows of the fast train. Each set of oranges initially possesses the speed along the track of the train it left. The fast moving oranges slightly speed up the slow train and the slow moving oranges slow down the fast train. This is microscopic friction in the fluid. In the turbulent case, whole macroscopic eddies of fluid play the role of the momentum transfer agents. In this case the passengers have ripped up the seats and are flinging them through the trains and the expectation is that the effect will be greater.

In order to close the system (3.10.8) one is tempted to continue the analogy and try to express the turbulent stresses in terms of the averaged fields,
\[-u_i' u_j' = A_{ijkl} \frac{\partial \bar{u}_k}{\partial x_i}\]  

(3.10.10)

except that now the space is hardly isotropic dynamically, (e.g. turbulent transfers across a density gradient or across a mean jet could be different than in other directions), and it is not at all clear that the momentum of great chunks of fluid will be preserved while the chunks move from place to place in analogy with molecules—there is no mean free path. Still, in desperation, one often supposes that,

\[-u_i' u_j' = K \left( \frac{\partial \bar{u}_i}{\partial x_j} + \frac{\partial \bar{u}_j}{\partial x_i} \right)\]  

(3.10.11)

leading to an equation for the averaged flow,

\[\frac{\partial \bar{u}_i}{\partial t} + \bar{u}_j \frac{\partial \bar{u}_i}{\partial x_j} = -\frac{1}{\rho} \frac{\partial \bar{p}}{\partial x_i} + v \frac{\partial^2 \bar{u}_i}{\partial x_j \partial x_j} + K \frac{\partial^2 \bar{u}_i}{\partial x_j \partial x_j}\]  

(3.10.11)

where usually \( K \gg v \).

It is important to understand the very shaky dynamical foundation of (3.10.11). In some cases, for example the role of weather-scale eddies on the atmospheric general circulation, it is found that the turbulent field can actually sharpen rather than smooth out the velocity gradients. Even when the representation (3.10.11) is qualitatively acceptable there is no deductive way to determine the size of \( K \). Nevertheless, the use of (3.10.11) or some more sophisticated form of the same representation is quite common in both oceanography and meteorology in the absence of a better alternative.