1	A Note on Interior Pathways in the Meridional Overturning Circulation
23	by
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Abstract

45	A simple oceanic model is presented for source-sink flow on the β -plane to discuss
46	the pathways from source to sink when transport boundary layers have large enough
47	Reynolds numbers to be inertial in their dynamics. A representation of the flow as a
48	Fofonoff gyre, suggested by prior work on inertial boundary layers and eddy driven
49	circulations in two-dimensional turbulent flows, indicates that even when the source and
50	sink are aligned along the same western boundary the flow must intrude deep into the
51	interior before exiting at the sink. The existence of interior pathways for the flow is thus
52	an intrinsic property of an inertial circulation and is not dependent on particular
53	geographical basin geometry.
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68 **1. Introduction**

69 The climatically important meridional overturning circulation of the world's ocean 70 can be conceptualized in its simplest form as sinking of dense water in the North Atlantic 71 that proceeds to flow in the abyss to fill the deep basins of the rest of the global ocean. In 72 its earliest theoretical representation the pathway of the dense water was portrayed as 73 occurring in a narrow, deep western boundary layer (Stommel and Arons, 1960). 74 Subsequent developments of the dynamics of the Meridional Overturning Circulation 75 (MOC) essentially considered the deep western boundary current as a simple, pipe-like 76 conduit in the global abyssal circulation joining the polar source waters to their eventual 77 more southern and temporary reservoirs on their pathway to eventual return to the polar 78 North Atlantic. It is easy to show that if the western boundary current were viscous and 79 linear, the flow from source to sink would not penetrate the interior. That exercise is left 80 to the reader.

That simple picture has come under increased scrutiny as a result of both
observational and theoretical reasons. Bower *et. al.* 2009 found evidence from RAFOS
float trajectories emanating from the Labrador Sea that followed pathways that were
rarely limited to a deep western boundary current. Only about 8% of the floats followed
the simple path southward in a western boundary current.

From a theoretical perspective a western boundary current with a high Reynolds number, i.e., that is essentially inertial rather than viscous, and so preserving potential vorticity, requires inflow from the interior to its east (Greenspan 1962). The necessity of such an interior westward flow has been interpreted (Pedlosky, 1965) as necessary to prevent Rossby Wave energy from radiating into the interior. For the wind driven circulation of the upper ocean that westward flow is produced, at least over a major part

92 of the western boundary layer's path, by interior flow in the subtropical gyres driven by93 the wind stress.

94 In the model under discussion the putative boundary layer flow is driven by a 95 source in the northwest corner of the basin and a sink in the southwest corner, crudely 96 modeling the result of polar sinking of Atlantic water in the Arctic and "pulled" 97 southward by upwelling to the surface of deep water in the Southern ocean (See, for 98 example, Marshall and Speer, 2012). For source-sink flow it is not *a priori* clear what the 99 mechanism would be to provide that westward containing flow unless the source-driven 100 flow generates its own interior westward current. The suggestion has also been made that 101 such a circulation may be eddy driven (Lozier et. al.)

102 The calculation presented in this paper utilizes a simple Fofonoff model. It has 103 been shown (Bretherton and Haidvogel, 1976) that the end state of a highly turbulent 104 flow, preserving energy but minimizing enstrophy, would lead naturally to that model 105 and this paper takes up that suggestion and applies it to a Fofonoff model modified by a 106 source and a sink both on the western boundary. It is shown that although the Fofonoff 107 model supports western boundary currents the resulting source-driven circulation 108 naturally generates interior pathways to provide the containment required by Greenspan's 109 theorem. This suggests that the presence of interior pathways in such high Reynolds 110 number circulations is an intrinsic feature of the dynamics and not related to any inability 111 of the flow to follow the boundary because of the curvature of the boundary. Further, 112 when the source strength is strong enough so that the solution is not of boundary layer 113 type interior pathways fill the gyre.

Section 2 presents the model and provides the analytical solution. Section 3
presents and discusses the results as a function of the strength of the forcing source flow.

117 **2. The model and solution**

118 Consider a rectangular model basin of north-south extent L, and east-west extent Lx_e . The basin is filled with constant density fluid over a flat bottom. At the northwest 119 120 corner of the basin a source of fluid enters meridionally with flux S through a narrow 121 opening in the northern boundary flush against the western wall of the basin. At the 122 southwestern boundary a similar sink of fluid of the same strength extracts the fluid from 123 the basin. The question of interest is the pathway taken between the source and sink. 124 As described above, the Fofonoff model for the flow is applied. If ψ is the 125 streamfunction for the flow such that the velocities in the x and y directions are u, vrespectively, $u = -\frac{\partial \psi}{\partial v}$, $v = \frac{\partial \psi}{\partial r}$ while the streamfunction ψ satisfies 126 127 $\nabla^2 \psi + \beta \mathbf{v} = a^2 \psi \,.$ 128 (2.1)and where β is the planetary vorticity gradient and a^2 is the Fofonoff parameter that we 129 130 will relate to the source strength. On the southern and northern boundaries of the basin, i.e. at y = 0 and L, ψ is zero. The streamfunction also vanishes on the eastern boundary at 131 $y = Lx_e$. However, on the western boundary at x = 0, $\psi = S$. Note that with $a^2 > 0$ the 132

133 solution to (2.1) will be stable to finite amplitude perturbations (Arnol'd.1965)

134 We introduce the following scaling to reduce the problem to non-dimensional 135 form. The stream function is scaled by *S*, *x* and *y* are scaled by *L*. Then the characteristic 136 velocity U = S/L is used to define *a* from the relation $a^2 = \frac{\beta}{U}$ so that the 137 dimensionless interior westward flow in the limit of very large β is unity. That leads to 138 the nondimensional form of (2.1)

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$$\nabla^2 \psi - K^2 \psi = -K^2 y \tag{2.2}$$

141 where all quantities are nondimensional and where

142
$$K^2 = \frac{\beta L^3}{S}$$
(2.3)

For large values of K^2 the classical Fofonoff gyre would appear in the absence of 143 the source and sink and boundary layer solutions of (2.2) would show a uniform interior 144 flow girdled on western, northern and eastern boundaries by thin layers of thickness K^{-1} . 145 Such solutions are particularly apt when the source strength is very weak and so K^2 is 146 large. To consider more general solutions it is useful to take advantage of the 147 homogeneous boundary conditions on the southern and northern boundaries, i.e. at y = 0, 148 149 1 respectively and represent the solution as a sine series in y. The solution that also satisfies the condition of zero streamfunction on the eastern boundary, $x = x_e$ while 150 yielding a unit value on the western boundary at x = 0 can be easily found as, 151 152

$$\psi = \sum_{n=1}^{N} \psi_n(x) \sin n\pi y,$$

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$$\psi_n = -\frac{2}{n\pi} (-1)^n (K^2 / K_n^2) \left[1 - \frac{\sinh(K_n x)}{\sinh(K_n x_e)} + \frac{\sinh(K_n (x - x_e))}{\sinh(K_n x_e)} \right] (2.4 \text{ a,b})$$
$$-\frac{2}{n\pi} \left\{ 1 - (-1)^n \right\} \frac{\sinh K_n (x - x_e)}{\sinh(K_n x_e)}$$

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156 where $K_n^2 = K^2 + n^2 \pi^2$. The final term on the right hand side of (2.4) is only present

when the source is considered. Note that (2.4) is valid for both positive and negative values of K^2 . For the calculations shown in the next section the sum in (2.4) was terminated after 100 terms in the series.

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161 **3. Results and discussion**

162 Figure 1 shows the result of the solution of (2.2) in the absence of a source and sink, i.e., the classic Fofonoff gyre. The value of K^2/π^2 is 400. In this case, for the Fofonoff 163 164 free mode with no forcing, the value of K is arbitrary and the value chosen for the calculation of Figure 1 is chosen for comparison with the same value of K for the forced 165 flow in Figure 2. The solution obtained is, for this large value of K^2 indistinguishable 166 167 from the asymptotic boundary layer solution of Fofonoff(1954). The interior flow is 168 uniform in y and westward. Boundary layers on western, northern and eastern 169 boundaries complete the recirculation. Streamfunction values are shown to illustrate the 170 direction of flow.

171 The nature of the circulation is quite different when the solution is driven by a 172 source -sink pair located on the northwest and southwest corners of the basin as shown in 173 Figure 2. The interior flow is very much the same as in Figure 1. However, the flow in 174 the western boundary current is directed southward and is fed only *indirectly* by the 175 source. The flow issuing from the source flows, almost in its entirety, along the northern 176 boundary and joins the interior through an eastern boundary layer. As a consequence the 177 western boundary current starts southward as a rather weak current and builds in 178 transport strength as the current is continuously fed from the interior by the westward 179 flowing current, which by Greenspan's theorem, is required to hold the boundary current 180 at the western wall. If the source were at some other location, e.g. along the northern

boundary or the eastern boundary, the resulting flow would be similar to Figure 2 except
that the circulation would start at the location of the source but otherwise resemble the
flow in Figure 2.

If the source strength is increased as in Figure 3 so that the value of K^2 / π^2 is 20, 184 185 the solution loses its purely boundary layer character. The major part of the flow from the 186 source now sweeps eastward in the interior before turning and reaching the sink in the 187 southwest corner through pathways that are largely in the interior. There is still a β 188 induced asymmetry in the flow. The interior eastward flow occupies a smaller meridional 189 extent compared to the westward flow but the character of the solution is no longer 190 boundary layer-like and Greenspan's theorem is no longer rigorously relevant. It's also 191 clear that the development of interior pathways is not related to any curvature of the 192 western boundary or a separation-induced phenomenon but is rather intrinsic to the 193 source-sink flow on the β plane when the flow is inertial, i.e. when friction is not strong 194 enough to allow a simple frictional western boundary current conduit directly from source to sink. Figure 4 shows the circulation for a somewhat smaller $K^2 / \pi^2 = 10$. 195 196 If we imagine the circulation in Figures 3 and 4 as rough models of the abyssal flow 197 in the Atlantic west of the Mid Atlantic Ridge and consider a characteristic velocity for 198 the interior flow of the order of a few cm/sec the pattern of Figures 3 and 4 are probably 199 more appropriate than the boundary layer form of Figure 2. In Figure 3, with its value of $K^2 / \pi^2 = 20$, a characteristic interior velocity is of the order of $U = \beta L^2 / K^2$ which for L 200 = 1000 km and $\beta = 10^{-13} cm^{-1} sec^{-1}$ yields a value of U of about 5 cm/sec which seems 201 202 reasonable for the interior abyssal flow. We note that the tendency towards interior 203 pathways will increase the time to traverse the gyre from source to sink with obvious 204 implications for the overturning circulation of which it is a part. It also emphasizes that

- the MOC is a three dimensional dynamical structure not limited to a meridional verticalplane.
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258	Figures
259	Figure 1. The classical Fofonoff anticyclonic gyre with no source or sink, i.e. $S = 0$. $K^2 =$
260	$400\pi^2$.
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262	Figure 2. The flow as in Figure 1 but now with a source in the northwest corner and a
263	sink in the southwest corner.
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265	Figure 3. The source-sink flow as in Figure 2 but for a smaller value of $K^2 = 4 \pi^2$
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267	Figure 4. As in Figure 3 but for $K^2 / \pi^2 = 10$.
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 ψ for Fofonoff wbc source sink flow Ksq/ π^2 = 400

Figure 1. The classical Fofonoff anticyclonic gyre with no source or sink, i.e. S = 0. $K^2 = 400 \pi^2$. 281 282



 ψ for Fofonoff wbc source sink flow Ksq/ π^2 = 400

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Figure 2. The flow as in Figure 1 but with a source in the northwest corner and a sink in the southwest corner.



302 Figure 3. The source-sink flow as in Figure 2 but for a smaller value of $K^2 = 4 \pi^2$



311 Figure 4. As in Figure 3 but for $K^2 / \pi^2 = 10$.