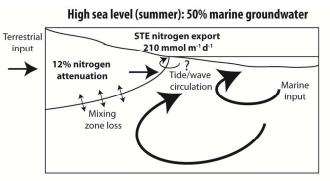
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# Hydrologic controls on nutrient cycling in an unconfined coastal aquifer

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- 1 Hydrologic controls on nutrient cycling in an unconfined coastal aquifer
- 2
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- 8
- 9 Graphical Abstract:



Low sea level (winter): 15% marine groundwater

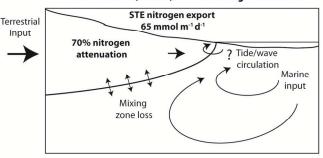




Photo Credit: Chris Weidman



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Abstract Groundwater is an important pathway for terrestrially-derived nutrients to enter the coastal ocean. In coastal aquifers, groundwater transits the subterranean estuary, a region of sharp gradients in redox conditions and the availability of reactants. In one such system (Waquoit Bay, MA, USA), we observed more than a doubling of the groundwater associated nitrogen flux to surface water during the summer compared to winter due primarily to a reduction in nitrogen attenuation within the subterranean estuary. Additionally, marine groundwater intrusion increased during the summer, contributing recycled nutrients from the coastal ocean to the subterranean estuary and back into the bay with return flow. We posit that the longer residence times within the subterranean estuary during the winter, which result from reduced marine intrusion, allow oxygen depletion of the groundwater, creating a favorable environment for important nutrient transformations such as nitrification, denitrification and anammox. The timing of nutrient delivery to the coastal ocean has important implications for coastal marine ecology including the potential development of harmful algal blooms.

#### 25 Introduction

26 Despite long-standing recognition of the deleterious impacts of anthropogenic 27 nutrient enhancement on the coastal ocean, transport of nitrogen (N) and phosphorous (P) to the ocean is accelerating.<sup>1</sup> Nitrogen is considered the limiting nutrient in coastal 28 29 marine systems, although excess phosphorous may also lead to adverse ecological impacts in estuaries.<sup>2</sup> In the coastal zone, approximately half of the reactive nitrogen 30 31 loading comes from diffuse, non-point sources including atmospheric deposition, surface water run-off and groundwater discharge.<sup>3</sup> Coastal ocean nutrient loading associated with 32 33 submarine groundwater discharge (SGD) has been implicated in eutrophication and the development of harmful algal blooms.<sup>4-6</sup> 34

The subterranean estuary (STE) is a region of the coastal aquifer where mixing between discharging terrestrial water and marine intrusion plays host to a range of biogeochemical processes that can modify the groundwater nutrient load.<sup>7, 8</sup> Temporal and spatial variability in STE nutrient cycling is likely due to differences in the oxygen and redox state of the STE, which in turn fluctuate due to differences in aquifer lithology, SGD rates and associated water residence times and whether the nutrient source is

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| 41 | primarily terrestrial (new) or marine (recycled). In particular, groundwater residence time  |
|----|--|
| 42 | of the terrestrial and marine groundwater pools is likely to impact the cycling of reactants,  |
| 43 | including O <sub>2</sub> , inorganic nitrogen (NO <sub>3</sub> <sup>-</sup> , NO <sub>2</sub> <sup>-</sup> , NH <sub>4</sub> <sup>+</sup> ) and phosphorous (PO <sub>4</sub> <sup>3-</sup> ), which in |
| 44 | turn can modulate groundwater derived nutrient fluxes to the coastal ocean.  |
| 45 | The ecosystem of Waquoit Bay, a coastal estuary on Cape Cod, MA, USA, has  |
| 46 | been negatively impacted by nutrient loading associated with SGD. <sup>14, 15</sup> For example,   |
| 47 | virtually all the eelgrass, and with it its ecosystem service to juvenile fish and shellfish,  |
| 48 | has disappeared from Waquoit Bay coincident with enhanced water column algal growth  |
| 49 | following increased nitrogen loading to the watershed. <sup>6, 16</sup> The prevalence of septic   |
| 50 | systems on Cape Cod has resulted in groundwater nitrogen loads that are elevated   |
| 51 | compared to aquifers in regions with centralized wastewater treatment.   |
| 52 | In this study we evaluate groundwater nitrogen and phosphorous distributions and   |
| 53 | flow dynamics in an unconfined coastal aquifer to determine how seasonal variability in  |
| 54 | nutrient cycling within the STE influences nutrient fluxes to the coastal ocean. We  |
| 55 | evaluate both nutrient delivery and attenuation during transit across the STE. In this   |
| 56 | analysis, we evaluate the nutrient inventory change along the terrestrial groundwater flow   |
| 57 | path in different seasons. Nutrient transformations in the mixing zone are evaluated with  |
| 58 | a traditional estuarine mixing model since the complex circulation of marine groundwater   |
| 59 | results in numerous potential pathways with a wide range of residence times within the   |
| 60 | subterranean estuary. <sup>17-19</sup> Groundwater flow dynamics modeled with SEAWAT provide   |
| 61 | seasonal variability in terrestrial and marine groundwater mixing and discharge rates  |
| 62 | from the subterranean estuary.   |
| 63 | Methods  |

63 Methods

| 64 | Field Site. Waquoit Bay is a shallow estuary on the southern shore of Cape Cod,                      |
|----|--|
| 65 | MA (Supplemental Figure 1). In this region, surface geology is dominated by sand and                 |
| 66 | gravel glacial outwash plains formed during the last deglaciation ~14,000 years ago. The             |
| 67 | upper 10 m of the Cape Cod aquifer consists of fairly homogenous permeable sediments                 |
| 68 | with a grain size of 450-650 microns; a fine sand and silt layer with a lower hydraulic              |
| 69 | conductivity sits below $\sim 10$ m. Within the upper layer, there is a well-defined                 |
| 70 | subterranean estuary with a salinity transition zone that occurs over a narrow region (~1            |
| 71 | m thick). This salinity interface moves on seasonal time scales, which results in migration          |
| 72 | of ion exchange (adsorption/desorption) and redox boundaries. <sup>20, 21</sup> For the purposes of  |
| 73 | this study, we define "terrestrial groundwater" as groundwater with a salinity less than 1,          |
| 74 | while the mixing zone encompasses salinity between 1 and "marine groundwater" which                  |
| 75 | has the salinity of the overlying bay (25-28).   |
| 76 | Sample Collection and Analysis. Groundwater samples were collected across                            |
| 77 | transects consisting of 6-7 profiles to a depth of $\sim 10$ m in the Waquoit Bay subterranean       |
| 78 | estuary in March 2003 (as reported in Kroeger & Charette <sup>11</sup> ), June 2004 and April and    |
| 79 | June 2005. The April 2005 transect was located 80 m west, in a region where hydraulic                |
| 80 | gradients are elevated compared to the site of the other transects and the time series well          |
| 81 | (transect B in Supplemental Figure 1). <sup>22, 23</sup> Groundwater was collected with a push-point |
| 82 | piezometer system modified for use within the subterranean estuary. <sup>24</sup> Dissolved oxygen,  |
| 83 | pH, oxidation reduction potential (ORP) and salinity were measured with a YSI <sup>TM</sup> sonde.   |
| 84 | Prior to field sampling, the probes were calibrated using Ricca <sup>™</sup> pH, ORP and             |
| 85 | conductivity standards. Oxygen was calibrated in air according to a method described by              |
|    |  |

86 YSI. ORP measures the tendency for electron transfer between an inert metal (platinum)

| 87  | electrode and a reference (glass) electrode within the same medium; ORP is a qualitative  |
|-----|---|
| 88  | measure of the groundwater redox conditions since it measures the combined effects of   |
| 89  | all redox sensitive species in solution. As such, we use it to determine only if the  |
| 90  | groundwater is reducing (ORP $<$ 0) or oxidizing (ORP $>$ 0). Samples were collected for  |
| 91  | salinity and nutrients (passed through a 0.45 $\mu$ m filter for NO <sub>3</sub> <sup>-</sup> , NH4 <sup>+</sup> , PO <sub>4</sub> <sup>-3</sup> ). PO <sub>4</sub> <sup>-3</sup> |
| 92  | samples were acidified with 8 $\mu$ L sulfuric acid per 15 mL upon collection. Nutrient   |
| 93  | samples were initially stored on ice and frozen within three hours of collection. Salinity  |
| 94  | was measured with a Guideline AutoSal conductivity meter. Nutrient concentrations were  |
| 95  | measured on a Lachat Instruments QuickChem 8000 flow injection analyzer using   |
| 96  | standard colorimetric techniques. Methods for dissolved and sediment oxide-bound  |
| 97  | phosphorous and manganese were previously reported by Gonneea et al. <sup>25</sup>  |
| 98  | Hydrologic Model. We employed a numerical simulation model (USGS  |
| 99  | SEAWAT code) that was designed to represent conditions within coastal permeable sand  |
| 100 | aquifers such as at Waquoit Bay. <sup>26</sup> Results from this model have been reported previously  |
| 101 | and are included here to help interpret both the hydrologic influence on nutrient cycling   |
| 102 | and to determine nutrient fluxes associated with groundwater discharge. <sup>21</sup> Briefly, this   |
| 103 | model simulates variable-density flow within a two-dimensional cross-section of an  |
| 104 | unconfined aquifer below a sloping beach (0.08 m/m) where the domain measures 130 m   |
| 105 | long and 10 m deep. The upland boundary was set as the groundwater head at a coastal  |
| 106 | monitoring well (50 m from MSL), while the marine boundary was the average monthly  |
| 107 | sea level from NOAA's Woods Hole tidal station (data available at   |
| 108 | http://tidesandcurrents.noaa.gov). This model does not incorporate short-time scale sea   |
| 109 | level oscillations (i.e. tides or waves) as the region of the subterranean estuary discussed  |
|     |   |

110 here does not vary on this time scale.<sup>21</sup> Groundwater discharge to the bay and marine

111 water intrusion into the aquifer were calculated across the entire model domain from

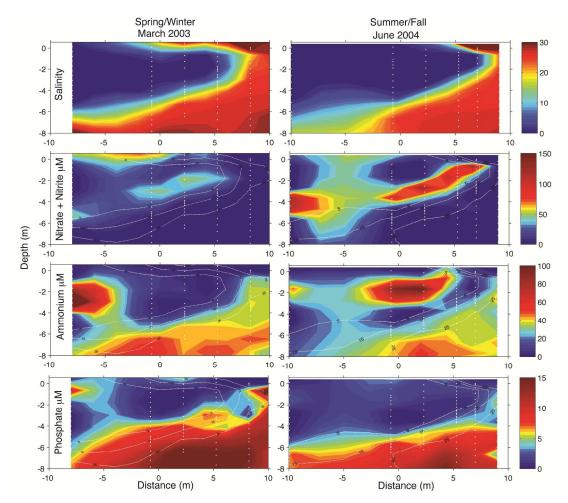
112 January 2005 to June 2007. Further details on the model can be found in Mulligan et al.<sup>27</sup>

and Gonneea et al.<sup>21</sup>.

114 **Results and Discussion** 

Model-derived Rates of Submarine Groundwater Discharge. During the period 115 from January 2005 to May 2007, terrestrial groundwater fluxes were  $3.4 \pm 0.46$  m<sup>3</sup> m<sup>-1</sup> 116 day<sup>-1</sup> and marine groundwater discharge ranged between 0.39 (winter) and 4.7 (summer) 117 m<sup>3</sup> m<sup>-1</sup> dav<sup>-1</sup>. Here we separate terrestrial and marine groundwater into separate pools, but 118 119 note that discharge from the subterranean estuary consists of varying mixtures of these 120 two water sources. The terrestrial discharge rates are similar to previous independent estimates from the same location: 1.6-1.8 m<sup>3</sup> m<sup>-1</sup> day<sup>-1</sup> (recharge method<sup>28</sup>), 3.5 m<sup>3</sup> m<sup>-1</sup> 121 day<sup>-1</sup> (seepage meters<sup>22</sup>) and 4.0 m<sup>3</sup> m<sup>-1</sup> day<sup>-1</sup> (Darcy method<sup>23</sup>). Abarca et al.<sup>17</sup> report a 122 much lower terrestrial groundwater discharge of 0.25 m<sup>3</sup> m<sup>-1</sup> day<sup>-1</sup> (hydrologic model 123 TRANSDENS) likely due to the much lower hydraulic conductivity used in that model 124  $(15 \text{ m d}^{-1})$  compared to other modeling studies at this location (43-54 m d<sup>-1</sup>).<sup>18, 23, 27</sup> 125 126 Marine groundwater discharge (and recharge) estimates are more variable with values ranging from 0.6 m<sup>3</sup> m<sup>-1</sup> day<sup>-1</sup> (radium isotopes July 2003<sup>23</sup>) to 6.9-15.0 m<sup>3</sup> m<sup>-1</sup> day<sup>-1</sup> 127 (seepage meters July 1999 and August  $2000^{22}$ ). The results of the hydrologic model 128 129 demonstrate that SGD in Waquoit Bay was seasonally dynamic; in particular the amount 130 of marine intrusion into the aquifer varied seasonally from 10% of total SGD in winter to 131 a summer peak of 70%.

As SGD varies, so does the residence time of groundwater within the subterranean estuary. Since the terrestrial flux lacks significant seasonal variability, we expect minimal change in residence time within this zone. However, marine intrusion and subsequent mixing and discharge varies seasonally by a factor of 10, thus the water residence time of marine groundwater and water within the mixing zone will be ~10 times longer in the winter compared to the summer.



138

139 Figure 1: March 2003 and June 2004 salinity, nitrate, ammonium and phosphate

140 concentrations across the Waquoit Bay subterranean estuary. During the summer of 2004,
141 the salinity interface was further offshore and the nitrate plume had higher concentrations
142 than in March 2003. The marine groundwater phosphate enrichment was similar between
143 the two seasons. Horizontal distance is relative to the location of mean sea level.

145 Nutrient Distributions. Within the Waquoit Bay STE, terrestrial and marine 146 nutrient associations persisted across the four transects (two winter/spring: March 2003) 147 and April 2005, and two summer/fall: June 2004 and 2005). Terrestrial groundwater with high  $NH_4^+$  (100-200 µM) overlies a region of elevated  $NO_3^-$  (up to 150 µM):  $NH_4^+$  is the 148 149 primary nitrogen species carried by marine groundwater (30-50  $\mu$ M, Figure 1). The 150 mixing zone, which is also a redox boundary, occurs over small spatial scales (~1 meter 151 vertical extent). Previous work at this site reported both complete removal of terrestrially-152 sourced NO<sub>3</sub><sup>-</sup> across the top of the mixing zone and largely conservative behavior of marine  $NH_4^+$  to the top of the mixing zone where dissolved inorganic nitrogen (DIN, the 153 sum of NO<sub>3</sub><sup>-</sup> and NH<sub>4</sub><sup>+</sup>) concentrations were low (<1  $\mu$ mol L<sup>-1</sup>).<sup>11</sup> Additionally, PO<sub>4</sub><sup>3-</sup> was 154 elevated in marine groundwater above bay water levels (8-12 compared to 1-2  $\mu$ mol L<sup>-1</sup> 155 156 respectively) and in the reduced core of the terrestrial groundwater (up to 8  $\mu$ mol L<sup>-1</sup>). 157 In March 2003 the mixing zone was located further offshore than in June 2004 and 2005, coincident with an increase in the hydraulic gradient.<sup>21</sup> While the April 2005 158 159 transect was the only one completed at site "B", it is likely that the STE under the entire 160 610 m seepage face responds to the same physical forcings (i.e. seasonally variable 161 hydraulic gradient). The terrestrial and marine nutrient plumes migrated landward during 162 the winter/spring season. Also, during March 2003 the NO<sub>3</sub><sup>-</sup> concentration was reduced to ~50-70  $\mu$ M compared to 100-150  $\mu$ M in June 2004 and 2005, while NH<sub>4</sub><sup>+</sup> was 250  $\mu$ M. 163 164 This could be due to the main  $NO_3^{-1}$  core migrating further inland outside the sampling 165 domain or to removal of  $NO_3^-$  from the plume at this time. Since the mixing zone only 166 migrated inland 3 m, and the transect captured 10 m of the  $NO_3^-$  plume, the observed 167 reduction is unlikely to be an artifact of sampling location. The terrestrial DIN plume

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168 follows the salinity (and density) contours within the subterranean estuary, terminating at 169 the top of the salinity mixing zone. There is a region of elevated  $NO_3^{-1}$  above the main 170 plume at shallow depths (<50 cm) in June 2005 and April 2004. Nutrient transformations 171 that may occur on scales <50 cm in the discharge zone were not a focus of this study and 172 therefore are not captured in the spatial resolution of the samples reported here. 173 *Redox Zones.* Dissolved oxygen levels within groundwater were typically <100 174  $\mu$ M and commonly reached ~30  $\mu$ M in the reduced core of the terrestrial groundwater and 175 in the mixing zone, with the exception of April 2005 (higher terrestrial groundwater flow 176 site) when  $O_2$  reached 400  $\mu$ M in terrestrial groundwater (Supplemental Figure 2). There 177 are regions of elevated O<sub>2</sub> at depth during the other time periods, which do not appear to 178 be related to other variables (i.e. salinity, temperature) and may indicate oxygen 179 contamination during groundwater sampling. pH is low (5-6) in terrestrial groundwater, 180 and rises to 8-8.5 in marine groundwater. The mixing zone has a pH gradient from 6.5 to 181 7.5 in each transect (Figure 1). Terrestrial groundwater is largely oxidizing, except within 182 the reducing core of the  $NH_4^+$  plume, while marine groundwater is reducing. However, 183 H<sub>2</sub>S has never been detected in this system, so sulfate is likely not acting as an electron 184 acceptor. 185 Nutrient Delivery to the Subterranean Estuary. We explore seasonal variability in 186 nutrient delivery to the STE by coupling the hydrologic model flow results to nutrient 187 inventories from repeat measurements of terrestrial and marine groundwater profiles 188 (locations at -12 and 9 m in Supplemental Figure 1). Nutrient inventories were determined by integrating the DIN and  $PO_4^{3-}$  concentration profiles for the furthest 189

190 onshore and offshore stations. To calculate fluxes, we computed the weighted average by

191 dividing the inventory by the profile depth, and then multiplied this value by the modeled 192 water flux. The terrestrial groundwater DIN inventory as recorded over numerous years and seasons was  $290 \pm 100 \text{ mmol m}^{-2}$  (weighted average,  $36 \pm 12 \text{ mmol m}^{-3}$  (n=9). 193 194 Supplemental Table 1 and Supplemental Figure 3). The dataset is too limited to discern 195 seasonal patterns, but if they do exist, they are likely not larger than the 35% standard deviation noted in Supplemental Table 1. Phosphate inventories were  $8.3 \pm 3.5$  mmol m<sup>-2</sup> 196 (weighted average  $1 \pm 0.4$  mmol m<sup>-3</sup>, Supplemental Table 1 and Supplemental Figure 3). 197 198 There were fewer repeat profiles of the marine groundwater, but inventories were similar across three years (DIN:  $290 \pm 30 \text{ mmol m}^{-2}$  and  $PO_4^{3-}$ :  $64 \pm 23 \text{ mmol m}^{-2}$ , and a 199 depth weighted average DIN:  $37 \pm 4 \text{ mmol m}^{-3}$  and PO<sub>4</sub><sup>3-</sup>:  $8 \pm 3 \text{ mmol m}^{-3}$ ). The N:P ratio 200 201 was much higher in the terrestrial groundwater than the marine, typical of terrestrial 202 systems where N fixation and anthropogenic nitrogen inputs may elevate N/P ratios. 203 We use these end members coupled with the modeled terrestrial and marine 204 groundwater flow to determine total nutrient delivery to the STE during each sampling 205 period. Since the end member is assumed constant, changing groundwater flow drives all 206 variability in fluxes into the STE. Typical terrestrial nitrogen delivery was  $109 \pm 9$  mmol  $m^{-1} d^{-1}$  in the summer and  $130 \pm 14 \text{ mmol } m^{-1} d^{-1}$  in the winter, while marine rates were 207  $115 \pm 34$  and  $25 \pm 19$  mmol m<sup>-1</sup> d<sup>-1</sup> in the summer and winter respectively. Terrestrial 208 phosphate fluxes were  $3 \pm 0.3$  (summer) and  $4 \pm 0.4$  (winter) mmol m<sup>-1</sup> d<sup>-1</sup>, while marine 209 fluxes were 25 + 8 (summer) and  $7 \pm 7$  (winter) mmol m<sup>-1</sup> d<sup>-1</sup>. Additional uncertainty in 210 211 fluxes calculated this way is at least as great as the interannual variability during each season (terrestrial DIN: 35%, terrestrial PO<sub>4</sub><sup>3-</sup>: 40%, marine DIN: 10% and marine PO<sub>4</sub><sup>3-</sup>: 212

40%), while the uncertainty in water fluxes from the hydrologic model is harder todetermine.

*Nitrogen Attenuation in Terrestrial Groundwater*. The terrestrial nitrogen
attenuation in the subterranean estuary is the reduction in the DIN inventory during
transit across the STE. The inventory was calculated for profiles that intersect the top of
the mixing zone, thereby ensuring the entire terrestrial groundwater plume was captured.
Terrestrial DIN removal was 12-13% in June 2004 and 2005, while removal was much
greater in March 2003 (71%) and April 2005 (70%) (Figure 2).

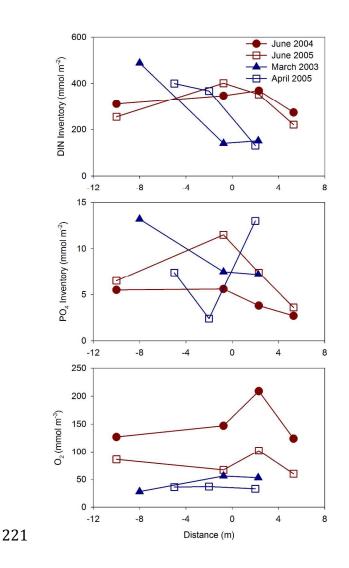


Figure 2: Spring/winter (blue) and summer/fall (red) dissolved inorganic nitrogen and phosphate inventories across the portion of the subterranean estuary dominated by terrestrial groundwater. The bottom panel indicates the average oxygen concentration of the mixing zone, which is a potential site for nutrient transformations including denitrification and nitrification.

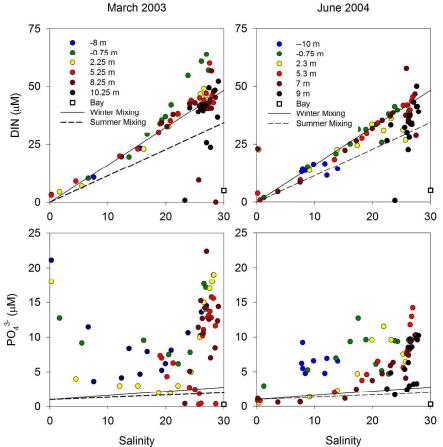
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228 Nutrient removal that may occur in the shallow tidally influenced mixing zone is not included in this approach, but may be important. For example, Santos et al.<sup>30</sup> reported 229 230 production of NO<sub>3</sub><sup>-</sup> within a shallow STE dominated by marine groundwater and tidal pumping, while Weinstein et al.<sup>13</sup> found near complete removal of NO<sub>3</sub><sup>-</sup> the tidal 231 232 circulation cell due to rapid denitrification. If removal processes in the discharge zone are 233 important, then the nutrient attenuation rates reported below will underestimate the actual 234 removal. As a result, the subsequent calculated nutrient fluxes into Waquoit Bay reported 235 here would overestimate the actual nutrient load via SGD. 236 Recycled Marine Nitrogen in the Mixing Zone. In addition to terrestrial nitrogen 237 mixing into the salinity transition zone, the marine  $NH_4^+$  pool may be transformed along 238 its flow path. Typical  $NH_4^+$  concentrations were <1  $\mu$ M in bay water, but marine groundwater had an elevated  $NH_4^+$  load within the subterranean estuary, presumably due 239 240 to organic matter degradation and ammonification potentially within organic matter rich 241 sediments of the outer bay (the marine groundwater recharge zone; Supplemental Figure 242 3). Assuming that marine groundwater enters the STE fully saturated with dissolved 243 oxygen, then initial  $O_2$  concentrations would be in the range of 240  $\mu$ M during the 244 summer (salinity 28, temperature 20°C) and 330  $\mu$ M in the winter (salinity 28, 245 temperature 5°C). With observed marine groundwater  $O_2$  concentrations of 30  $\mu$ M or

lower (Supplemental Figure 2), oxygen consumption in the marine groundwater of ~210-

247 300  $\mu$ M must be the result of O<sub>2</sub> consuming reactions such as organic matter

- 248 remineralization and oxide/hydroxide formation.<sup>29</sup> Applying Redfield stoichiometric
- ratios (O<sub>2</sub>:C:N:P of 106:106:16:1), this O<sub>2</sub> loss should result in a DIN production of 32 to
- $45 \,\mu$ M, which is consistent with the DIN concentrations found in the marine groundwater
- endmember of the STE.



252 253 Figure 3: Salinity mixing plots for dissolved inorganic nitrogen and phosphate for March 254 2003 and June 2004 for groundwater samples collected from the mixing zone (i.e. the 255 base of the terrestrial groundwater plume and below). The mixing lines indicate the 256 expected production of DIN and P during oxic organic matter remineralization due to the 257 observed consumption of oxygen as groundwater transits from bay intrusion to the 258 mixing zone. The two seasons represent different oxygen saturation levels due to 259 seasonal temperature changes of the surface water. Cool colors are located further up the 260 beach from the bay. Note that profiles were collected at different distances along the 261 same shore-perpendicular transect in different years.

- 262 263
- The predominance of mixing zone samples for both winter/spring and
- summer/fall lie along the DIN mixing line using the higher wintertime (45 µM) predicted

marine groundwater endmember, indicating no further production or removal of DIN within the STE (Figure 3). However, some marine groundwater samples from June 2004 intersect the predicted DIN concentration for summer-time recharge ( $32 \mu$ M), while some March 2003 samples fall above the predicted DIN concentration. Regardless, seasonally dependent oxygen concentrations in marine groundwater intrusion may play an important role in the delivery of recycled nutrients to the subterranean estuary.

271 *Phosphorous Cycling.* Phosphate concentrations in the STE are elevated above 272 values predicted due to organic matter remineralization and there is no clear seasonal trend (Figure 3). The excess  $PO_4^{3-}$  is likely due to the accumulation of P associated with 273 274 iron- and manganese-rich sediments within the Waquoit Bay STE while the variability may be related to the competing influence of pH and salinity on  $PO_4^{3-}$  adsorption onto 275 Fe-Mn oxides/ hydroxides.<sup>8, 31-33</sup> In laboratory experiments, 100% of the  $PO_4^{3-}$  is sorbed 276 at pH<6, decreasing to 80% sorption at pH 7 and 65% at pH 8.<sup>33</sup> Phosphate sorption to 277 278 Fe and Mn-oxides/hydroxides occurs as an inner-sphere complex and is enhanced at higher ionic strength.<sup>33</sup> Marine groundwater typically has a pH range of 7 to 8, while 279 terrestrial water ranges from 5-7 within the Waquoit STE. Elevated dissolved  $PO_4^{3-}$  was 280 281 observed where groundwater had a low salinity and  $pH \sim 7$  (Supplemental Figure 4). Further evidence that  $PO_4^{3-}$  sorbed onto Mn-oxides/hydroxides is provided in the 282 sediment oxide associated- $PO_4^{3-}$  (sPO<sub>4</sub><sup>3-</sup>) profile. Sediment bound  $PO_4^{3-}$  (sP) was 283 284 elevated within the high Mn oxide region (sMn), which is coincident with groundwater of 285 high ionic strength and pH of 7 to 8. This elevated sP was located below the iron 286 oxide/hydroxide peak, which had very low sP. Molar ratios of sP:sMn in this region were 287 5-20, while throughout the remainder of the profile they were <1. Similarly, molar ratios

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| 288 | of sP:sFe were quite high in this region. The dissolved dP:dMn ratio was low coincident                            |
|-----|--|
| 289 | with this region of high sorbed sP:sMn ratios, indicating preferential sorption of                                 |
| 290 | dissolved PO <sub>4</sub> <sup>3-</sup> onto sediments in contact with low pH, low salinity groundwater. The       |
| 291 | high sFe region at depth has low sP associated with it.  |
| 292 | When all four transects are considered, there appears to be net removal of $PO_4^{3-}$                             |
| 293 | within the STE; indeed the nitrogen to phosphorous ratio (N:P) of terrestrial inputs (39)                          |
| 294 | was higher than water within the STE near the discharge point (12) (Figure 2). It is                               |
| 295 | evident that P is actively cycling in the STE and while the presence of Fe and Mn                                  |
| 296 | oxides/hydroxides may enhance P sorption, the ability of the STE to act as a P sink has                            |
| 297 | additional complexities. Additional P dynamics may occur within the shallow tidally-                               |
| 298 | indiced mixing zone that is not considered in this study.  |
| 299 | Nutrient fluxes out of the subterranean estuary Nutrient export from the STE to                                    |
| 300 | the bay is the difference between terrestrial and marine nutrient delivery to the STE and                          |
| 301 | subsequent attenuation of these two pools upon transport through the STE; this is                                  |
| 302 | calculated as the product of the nutrient inputs (mol $m^{-1} d^{-1}$ ) times the fraction removed.                |
| 303 | In the case of marine-derived nutrients, we assume no attenuation across the mixing zone                           |
| 304 | for nitrogen. Modeled groundwater discharge rates are available only for 2005,                                     |
| 305 | coinciding with the April and June 2005 transects. However, the seasonal trends in both                            |
| 306 | groundwater discharge and nutrient attenuation were similar between the two transects                              |
| 307 | within each season such that we can extrapolate the fluxes to March 2003 and June 2004.                            |
| 308 | The total inorganic nitrogen load to the Bay was 65 mmol m <sup>-1</sup> d <sup>-1</sup> during the winter/spring, |
| 309 | which was 60% terrestrial nitrogen and 210 mmol $m^{-1} d^{-1}$ during the summer/fall (45%                        |
| 310 | terrestrial). For phosphorus, the net winter/spring flux was 9 mmol $m^{-1} d^{-1}$ and 32 mmol                    |
|     |  |

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| 311 | $m^{-1} d^{-1}$ during the summer/fall. The nutrient fluxes calculated in this study are five to        |
|-----|---|
| 312 | seven times lower than reported for a STE with similar groundwater flow rates that was                  |
| 313 | dominated by marine recirculation and marine nutrient sources. <sup>30</sup> Conversely, our            |
| 314 | nutrient fluxes are an order of magnitude larger than a sandy STE with a well developed                 |
| 315 | denitrification zone that has discharge rates two to four times lower than we report. <sup>13</sup>     |
| 316 | Hydrologic control on nutrient biogeochemistry The larger flux nitrogen via SGD                         |
| 317 | in the summer is due to both increased input of recycled nutrients via marine groundwater,              |
| 318 | as predicted by the hydrologic model, and to low terrestrial nitrogen removal rates within              |
| 319 | the STE. Gonneea et al. <sup>21</sup> previously hypothesized that nutrient loading to the coastal      |
| 320 | ocean would be at a minimum during summer, with enhanced nutrient removal due to                        |
| 321 | greater mixing as posited by Kroeger & Charette <sup>11</sup> . The authors based this hypothesis of    |
| 322 | enhanced nitrogen attenuation resulting from greater mixing on the near total drawdown                  |
| 323 | of DIN at the salinity/redox mixing boundary. In this instance, the amount of nitrogen                  |
| 324 | attenuation would be limited by the delivery rate of reactant pools to the mixing zone.                 |
| 325 | Alternatively, the microbes that mediate removal processes may not be limited by                        |
| 326 | reactant supply (including $O_2$ , $NH_4^+$ and $NO_3^-$ ), but rather reaction kinetics. There are two |
| 327 | lines of evidence that reaction kinetics are unlikely to explain the observed difference in             |
| 328 | nitrogen attenuation. First, the temperature gradient between summer and winter in the                  |
| 329 | subterranean estuary is at most 5-15°C compared to 0-30°C for the bay. Second, we                       |
| 330 | would anticipate reaction rates to slow during winter based on a metabolic response, yet                |
| 331 | this is when the greatest nitrogen removal occurred. However, little is known about                     |
| 332 | microbial reaction rates within the subterranean estuary and how these populations may                  |
| 333 | respond to moving redox and salinity boundaries. <sup>34</sup>  |
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| 334 | The seasonal variability shown here reveals additional complexity within STE                                   |
|-----|--|
| 335 | nutrient cycling. During the winter, the model predicts greatly reduced marine                                 |
| 336 | groundwater intrusion, effectively increasing water residence time in this portion of the                      |
| 337 | STE by a factor of 10. We observe lower oxygen concentrations in the mixing zone                               |
| 338 | during the winter/spring (<50 $\mu$ M) compared to summer/fall (50 - >200 $\mu$ M) (Figure 2).                 |
| 339 | We infer that $NO_3^-$ removal occurs via denitrification and $NH_4^+$ removal occurred via                    |
| 340 | nitrification <sup>35</sup> , since ammonia oxidizing archaea are present within the mixing zone of the        |
| 341 | Waquoit Bay STE. <sup>36</sup> While denitrification is most commonly observed in anoxic                       |
| 342 | sediments, this process has also been reported for oxic environments where anoxic                              |
| 343 | microenvironments are thought to develop, typically associated with sediment or                                |
| 344 | suspended particle surfaces and/or biofilms. <sup>37-39</sup> Indeed Gao et al. <sup>37</sup> observed         |
| 345 | denitrification in sediments with porewater oxygen concentrations up to 90 $\mu$ M, well                       |
| 346 | above the 30-50 $\mu$ M we observe in the winter concurrent with the greatest nitrogen                         |
| 347 | attenuation. Nitrification is not sensitive to oxygen levels, since the decrease in reaction                   |
| 348 | rate under oxygen-limited conditions is countered by biomass increase, resulting in                            |
| 349 | minimal net impact on overall nitrification. <sup>35</sup> Since there is no accumulation of $NO_3^-$ ,        |
| 350 | denitrification is likely closely coupled to nitrification.  |
| 351 | An alternative mechanism for DIN removal is anaerobic ammonium oxidation                                       |
| 352 | (anammox), whereby $NH_4^+$ is oxidized with $NO_2^-$ , ultimately resulting in the                            |
| 353 | simultaneous loss of both $NH_4^+$ and $NO_3^-$ . Anammox is thought to be strictly anaerobic                  |
| 354 | and largely limited by the supply of $NO_3^{-40}$ . There is some evidence, however, that                      |
| 355 | anammox may occur in environments with up to 20 $\mu$ M oxygen. <sup>41</sup> Sáenz et al. <sup>42</sup> found |
| 356 | evidence of ammonia-oxidizing bacteria associated with sediments coincident with                               |
|     |  |

357 groundwater redox boundaries within the mixing zone of the Waquoit Bay subterranean 358 estuary. If anammox does occur at the mixing zone boundary, reaction rates must be 359 rapid relative to physical transport when  $NO_3^-$  and  $NH_4^+$  do not co-occur within the STE. 360 Potential mechanisms to lower groundwater oxygen levels to allow denitrification 361 and/or anammox to proceed include increasing organic matter respiration or Mn-Fe 362 hydro/oxide precipitation. We suggest that the reduced residence time of the winter STE 363 enhances oxygen consumption within the mixing zone and creates an environment 364 favorable to nitrogen attenuation via denitrification and/or anammox. This hypothesis 365 predicts that hydrology, via controls on water residence time and delivery of reactants, in 366 part controls biologically mediated nutrient cycling within the subterranean estuary. 367 The timing of nutrient delivery to the coast has important implications for 368 estuarine ecosystems. At this site, terrestrial (new nutrient) fluxes into the subterranean 369 estuary are greatest in the winter, coincident with peak removal rates, while marine 370 (recycled) nutrient inputs peak during the summer. Total nitrogen fluxes to Waquoit Bay 371 thus peak in the summer, when maximal algal growth is possible due to warm 372 temperatures and long daylight hours. Sea level fluctuations have been implicated for 373 driving movement of the mixing zone and increasing marine groundwater recharge and 374 mixing during the summer. Enhanced seasonal variability in mean sea level has been observed in some locations<sup>43</sup>, which we hypothesize may enhance marine groundwater 375 376 intrusion during summer months, reducing the nitrogen attenuation capacity of the STE 377 and further exacerbating summer eutrophication in the coastal zone. Finally, the close 378 interplay between the physical mixing of the salinity transition zone and the biological

- 379 response hypothesized here may have important implications for future applications of
- 380 engineered solutions to coastal groundwater nitrogen such as permeable reactive barriers.

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