

## 2015 WHOI Fitness Challenge: 2009 Fitness Challenge Closing Ceremony

### 2nd Annual Olympics Closing Ceremony

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Photos from Closing Ceremony on 9/17/09

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The official Closing Ceremony for the 2009 WHOI Fitness Challenge was held on September 17, 2009 at noon at the Exhibit Center.

Fitness Challenge Participants gathered to celebrate their personal and team accomplishments during this year's Challenge, and to treat themselves to a Ben & Jerry's ice cream which was well deserved by all.

Special recognition was given to those who supported this year's event either with a financial donation or with their own personal support. We could not have had such a successful event without them:

#### Corporate Sponsors:

Liberty Mutual  
WHOI Exhibit Center  
The Bostonian Group  
Watson Wyatt  
BlueCross BlueShield of MA  
Delta Dental of MA

#### Employees:

*Julie Allen*, from Information Systems for developing the online logging & reporting system  
*Joanne Tromp*, from Communications for her patience with HR for posting the weekly results  
*Ron Timm*, from Information Systems for leading the pack at the Kick-Off and for holding his weekly Calisthenics classes at the McKee Ball Field  
*Pat Lake*, from the Controller's Office for holding her weekly Tai Chi classes  
And of course, our *HR TEAM* that put this all together (Julie Fawkes, Donna Hyman, Linda Snow)

### Overall Results from the 13-Week Challenge

WINNERS were recognized and rewarded for their outstanding performance throughout the entire 13-week challenge.

Total TEAMS participated: 30 (150 participants)  
Total Minutes Exercised: 680,305 (that's over 11,000 hours)

#### Top 3 TEAMS with "most points earned"

3rd Place (Bronze Medal): A Guy and Dolls (with over 7,500 points)  
Prize: Each member received a \$25 Gift Certificate to Olympia Sports and a health magazine

2nd Place (Silver Medal): Hawaii Five-O (with over 8,200 points)  
Prize: Each member received a WHOI wind-breaker jacket

1st Place (Gold Medal): Off in the Woods (with over 9,600 points)  
Prize: Each member received a WHOI zip-up fleece jacket

#### Top 3 Individuals with "most points earned"

3rd Place (Bronze): Amanda Hansen (with over 2,300 points)  
2nd Place (Silver): Terrance Mooney (with over 2,400 points)  
1st Place (Gold): Melissa Patrician (with over 2,700 points)  
Prize: Each individual received a \$100 Gift Card through BCBS

#### Grand Prize Raffle for "consistent participation throughout the 13-weeks"

For 2009, we added a special incentive for those individuals who exercised consistently throughout the entire challenge with at least 2, 4, and 6 hours per week. All participants who qualified and met the criteria were entered into a special Grand Prize Raffle, and the winners were as follows:

3rd Place for exercising at least 2 hours per week (but less than 4 hours):  
Winner: *Ann Devenish*, won a \$100 Gift Certificate to Olympia Sports

2nd Place for exercising at least 4 hours per week (but less than 6 hours):  
Winner: *Katherine Joyce*, won a \$200 Gift Certificate to Olympia Sports

1st Place for exercising at least 6 hours per week  
Winner: *Amanda Hansen*, won a Wii system with Wii Fit game

And, thanks to the generosity from the WHOI Exhibit Center we were able to provide a number of door prize raffles.

Congratulations and thank you to everyone who participated in this year's 13-week Fitness Challenge. Keep up the good work and we look forward to the next Challenge!

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