

2015 WHOI Fitness Challenge: Week #8 Results

Total hours exercised

- 542.41

Average per participant

- 6.78

Weekly team prize winner

Week 8 Total TEAM Participation (all 5 members with at least 2-hours of activity), Bahama Mamas

Individual winners for 2, 4, 6 hours of exercise

- 2 hours – Peter Landry
- 4 hours – Jayne lafrate
- 6 hours – Sue Grieve

Top 3 Teams (by points)

[Koscaplipandred](#) *764.85

[Bahama Mamas](#) * 692.60

[Weapons of Mass](#) 481.75

[Reduction](#) *

Top individual points for week 8:

[Cyndy Chandler](#) Bahama Mamas 267.25 points

[Mary Zawoysky](#) Upwellers Redux 191.00 points

[Chris Reddy](#) Koscaplipandred 189.75 points

Teams with at least 4 members of the 5 with at least 2 hours of activity are flagged with a *

<u>Team</u>	<u>Total minutes</u>	Total points	Top team member(s)
Koscaplipandred *	4770.00	764.85	Chris Reddy [189.75]
Bahama Mamas *	3526.00	692.60	Cyndy Chandler [267.25]
Weapons of Mass Reduction *	3145.00	481.75	Amy Caracappa-Qubeck [121.25]
Upwellers Redux *	2010.00	471.50	Mary Zawoysky [191.00]
Charitable Reductions *	1964.00	452.30	Adrienne Wallace [121.00]
Sea Legs *	2500.00	430.00	Betsey Doherty [115.50]
Rockettes V *	2395.00	392.50	Nan Galbraith [94.25]
Watson Warriors *	1931.00	387.10	Kathleen Munson [125.35]
Less Cargo	2035.00	367.50	Denise Barnett [158.50]
Green Sheets to the Wind *	1880.00	359.75	Helen Gordon [135.50]
Girls Gone Walking *	1865.00	339.75	Susan Darmofalski [119.25]
Bigelow Bowlers *	1755.00	321.75	Kelsey Johansen [85.00]
Thin It To Win It *	1035.00	227.75	Muiread Craft [76.50]
Leanmeanmclean	675.00	153.25	Liz Cole [118.25]
No Names	780.00	76.00	Loral O'Hara [76.00]
Nuns & Cans	279.00	39.60	Kimberly Grodzki [20.35]

Previous Week's Results

[Week #7 Results](#)

[Week #6 Results](#)

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