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Human Resources: Employee and Student Assistance Program (ESAP)

New ESAP provider effective January 1, 2014

Our Employee & Student Assistance Program (ESAP) provider, The Wellness Corporation has been acquired by E4 Health, a leading provider of holistic life services and wellness solutions for organizations and universities nationwide. The merger of these two experienced and professional teams will afford expanded service offerings, while providing all the high quality services and capabilities that you and your family and household members are accustomed to. You will be eligible for the same level of services as provided by The Wellness Corporation with some added features.

Related Files

» Memo to Employees and Students introducing new ESAP provider effective 1/1/14

» ESAP flyer: Introducing your Enhanced Work-Life Website
New ESAP provider website "LifeScope" effective January 1, 2014

Effective January 1, 2014, the ESAP will be rebranded as *"LifeScope, where there's more to life."* You will begin seeing this branding in presentations, communications, promotional materials, etc. You will have access to a new full-service member website at www.HelloE4.com - login instructions below:

USERNAME: WHOI
PASSWORD: guest
PERSONALIZED LOGIN: once you have signed in as a guest, you can establish your own personalized login

The toll-free helpline (800-828-6025) will remain the same for the foreseeable future.

Welcome to your Employee & Student Assistance Program (ESAP)

Effective January 1, 2014, your ESAP service is provided by *E4 Health* and is available 24/7. The ESAP can provide you and your immediate family members which include, parents, siblings, children by blood, adoption or marriage, spouses/partners, grandparents and grandchildren, with help in obtaining confidential, professional assistance for a variety of personal problems (e.g., family and marital discord, financial and legal issues, alcohol and substance abuse, and more…). In addition to counseling services, the ESAP offers much more with online access to health and wellness information on topics including parenting, wellness, career development, consumer tips, and more.

For counseling services, the ESAP counselor will conduct an assessment to determine the proper course of treatment. If appropriate, treatment at the Counseling Center is available for up to five sessions at no charge to the individual. Depending upon the diagnosis and insurance coverage, the ESAP can continue treatment beyond the initial five sessions or refer the individual or family member to other qualified practitioners and community agencies. ESAP services are fully paid for by WHOI and all interactions with the Counseling Center are completely confidential. The ESAP counselor will do its best to refer you to an appropriate in-network health care provider to ensure continuity of care through your health insurance plan. You are responsible for expenses if you are referred to a non-health professional (e.g., legal or family counseling).

Contact E4 Health 24 hours a day, 7 days a week at 1-800-828-6025

Employees can also access E4 Health through their website at www.LifeScopeEAP.com. For new members signing in, enter "WHOI" for the USERNAME and enter "guest" for the PASSWORD. Once logged in as a guest, you may establish your own personalized login for future entry onto the site.

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