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Human Resources: Fitness Facilities

The Institution maintains the following fitness facilities for use by staff and students.

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Facilities on located on WHOI's Quissett Campus include a ballfield and sand volleyball and tennis courts. (Woods Hole Oceanographic Institution)

Fitness Trail
The Fitness Trail is located along 1.5 miles of wooded paths encompassing over 60 acres in the most beautiful and peaceful walking areas of WHOI's Quissett Campus. The trail consists of a 20-station exercise system with instructional signs and exercise structures.

Softball Field
Located behind Clark laboratory on the Quissett campus is a regulation softball field.

Tennis Court
The Institution maintains a tennis court on the Quissett campus.

Beach Volleyball Court
On the Quissett campus, behind clark is a beach volleyball court.

Basketball Court
During the warmer months you can usually join a pick-up basketball game on Tuesdays and Thursdays during lunch.

Soccer Field
Whenever there isn't snow on the ground you can likely find a pick-up soccer game happening on the soccer field behind Clark Laboratory.

Locker Rooms
There are showers and locker room facilities located in several buildings on both campuses for your use.

Bike Racks
Bike racks are located outside most buildings.

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